Physicall Rarities

Containing

The most choice RECEIPTS

OF

PHYSICK,

AND

CHYRVRGERIE,

FOR

The cure of all Diseases incident to Mans Body.

Being a rich Jewell kept in the Cabinet of a famous Doctor in this Nation; stored with admirable Secrets and approved Medicines.

The third Edition corrected and much inlarged.

Published by *Ralph Williams*, Practitioner in Physick and Chyrurgerie.

Hereunto is annexed

The Physicall Mathematicks

OF

Hermes Trismegistus.

London: Printed for *William Ley*, and are to be sold at his shop at *Pauls* Chain, 1657.

MVSEVM
BRITAN
NICVM

To the READER.

COurteous and kind Reader, I must confesse that divers learned men have taken much pains in translating sundry books, containing most wholesome and profitable receipts of Physick and Chyrurgery, wherein they have published, and at large declared all such things as seemed necessary and expedient in Physick, to be knowne in our Native and mother Tongue, to the intent, that every one that would but take the pains to peruse them, and make tryall of them, might benefit themselves, and do much good to their acquaintance and friends.

To the same intent and purpose, I have collected this small (though beneficiall Treatise) I have thought fit to write something in the behalf and praise thereof, finding many rare experimented medicines, which (put in practise) may prove beneficiall to studious and carefull Practitioners, and I doubt not but they may gain much credit and applause, both by their practise, and by their cure (if they please to put them in practise) which will be little expence unto them, though credit and benefit.

There are many curious Medicaments therein contained, and divers of them approved by famous Physitians of good esteem: And therefore desire all who affect their healths, to make use of such medicines as they shall find suteable to the preservation thereof: as also, for such as are necessary for the recovery of such as are sick and weak, being confident, by Gods assistance, that much happinesse will redound to such as make tryall of them.

And to the end, that this little volume might not be despicable, but estimable and beneficiall to the Commonwealth of *England*; I have thought fit to write thus much in the praise thereof, wishing good successe in its progresse, and to all that shall peruse and practise on it, and to all Stu-

dents, Practitioners, and well-wishers to Physicall practise, and that their studies labours, and practises may always be successfull and prosperous, to the honour and glory of God, the good of the Common-wealth, the benefit of their Patients, and to their perpetuall fame and renowne; and therefore do wish that every one of them would use all care to spend some part of their study, how to benefit the Common wealth, knowing the saying of *Cicero* (*non soli nobis nati sumus*) but to be helpfull to our friends and strangers, which is most commendable. This I conceive should invite all well-wishers to the generall good, to imitate the example of divers learned Physicians, who have not onely cured divers out of charity, but also left most famous peices of Physick and Chyrurgery printed in English, for the good of all that will take the pains to read them, and practise on their labours. And certain I am, that many by their care and industry following their prescriptions, have gained much benefit, and great esteem thereby, and though ignorant in Physick, or the practise thereof, became Practitioners, and famous by others labours and indeavours, and successefull also in what they undertook. I hope the same happinesse will befall such as will take the pains and care in reading this Treatise, and likewise make triall of the medicaments herein contained, which is, and shall be the desire and prayer of

R. W.

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Medicines

Medicines for the Head.

A remedy for the universall pain of the Head.

FIrst, beware of all things which do hurt the Head, as Garlick, Onions, Chiboles, Wine, ſtooping down with thy Head, extream labour, and ſuch like; and beware of ſurfeiting and drunkenneſſe, and purge thy Head with Gargariſmes, and Sternutations, and purge thy Head and thy Stomack twice the week, with pills of Coch, and ſuch like; and be whole.

A remedy for the Head, whatſoever the pain be.

Take an handfull of Betany, an handfull of Cammomil, and a handfull of Vervain leaves picked, ſtamp them and ſeeth them in black Wort or in Ale for want of Wort, and in the latter end of the ſeething, put a ſpoonfull of Cummin, and as much raſped Harts horn thereto, and the yolks of two Eggs, and a little Saffron, and ſtir them well together, and lay a plaiſter hot over all the forehead and Temples. This is an excellent remedy: alſo for the Megrim, it ſhall pierce the better, if you ſhall add to the medicine, a little Vineger.

A ſneezing Powder.

Take of Pellitory of Spain half a dragme of white Hellebore a ſcruple, finely powde them both, and put thereto of Marjoram, Sage and Roſemary finely powdered and ſcaraed, o each a ſcruple, of Muſk a grain, mingle theſe toge ther, and take of theſe the quantity of a ſmal peaſe, and ſnuffe it up into your Noſtrills, and i will purge, and comfort the Head very much.

For pain in the Head.

Take Rue, Heyhoad, Camomell flowers. Bet ny, Vervain, Mints, Hillwort, red Fennel, Worm wood and Sothernwood, of each a handfull, an waſh them, and ſhred them ſmall, and ſeeth the in water, and mingle the herbs with a handfull o wheat bran, and make a plaiſter, and lay it on th mold as hot as thou canſt ſuffer it, and bind o with a Kerchief, and thou ſhalt be whole in a ſho ſpace.

For all manner of Head-aches.

Take two ounces of Deer ſuet, or of Harts, ſpoonfull of Oatmeal, and a bundle of Sorre bruiſed well, and tempered together, then lay plaiſterwiſe to the Temples. This is proved.

To purge the Head.

Take the juice of a Primroſe, and milk of a Cow and with a quill blow it into thy noſtrills, and th will purge the Head; ſtrain out the juice, and drin it, and lay the hearbs to the head, ſqueeſed fro the decoction, as hot as they may be ſuffered.

A water for the Rheume in the Head, and how to put away the Palsie.

Take a red Onyon, and break it small, and seeth it in a little Verjuice, and put thereto a little Honey clarified, and when they be well sod together, put thereto a great spoonfull of Mustard, and let it seeth long together; then raise the sick upright, and he shall find ease: Do this three dayes, twice *per* day, and be whole.

For the Megrim in the Head.

Take sowr Bread, and Chickweed, and bray them together, and boyle it in Viniger, and so bind it to the grieved place, or take and seeth Barley well in water, and as it seeths, put it in Betany, Rosemary, and Sage, of each a bundle, and when they be well sodden bind them to thy Head:

To stop and dry up Rheume.

Take Cummin-seed, a Nutmeg and a little bry Salt, every one beaten to powder alone, and spread the same upon hurds of Flax, in a cloth, and hold the same over the perfume of Frankinceense, and lay it hot to your Head,

For a scalded Head.

Take the liver of a Thornback and seeth it by it self, and six Elacampana roots, and seeth them by themselves in water three hours, and put thereto three handfulls of Houseleek stamped and strained through a cloth, and make an oyntment thereof, and anoint the Head therewith, and if the hair be gone, take a handfull of Wool, and bray it hot to

powder, then take two ſpoonfulls of Honey, and anoint thy head therewith, where it is pilled, and thy hair will ſoone come again, as thick as in any other place of thy Head.

For the Rheume in the Head.

Take and ſeeth Pimpernell in Wine, and drink it in the evening hot, and in the morning cold; this will help thee: or take and ſtew Onyons in Water, in a cloſe pot, and bath thy Head, thy mouth, and thy noſe therewith, and it will help thee.

For the weakneſſe of the Brain.

Take a handfull of Roſemary, Sage, Marjoram, Hyſop, Betany, the leaves and roots, and the ſeeds and roots of Piony, of each a handfull; waſh all theſe ſaid herbs, and put them into a pottle of fair water, and let them ſeeth together untill the one half be waſted; then take out the herbs, and put to the ſame water almoſt half a pint of Honey clarified, and let it boile well together with a dram of Stecados, knit in a linnen cloth; and let it boil till the ſweetneſſe of the honey be boiled out: then take out the Stecados, and put thereto a quarter of an ounce of Cinamon, three Nutmegs well bruiſed, and put them to the ſame liquor, and ſeeth them together a good while; then ſtrain it through a linnen cloth, and ſo uſe to drink it morning and evening, and it ſhall comfort thy Brain.

For hair that faileth on thy Head.

Take and bray Lineſeed, and mingle it with oyl-

oyl Olive, and when it is well beaten together, anoint thy Head therewith three or four times, and this will heal thee, or take Oyl of Tartar and warm it, and then rub your Head with it, or any place that is ſcald, eight or nine dayes, and the hair will come again.

An excellent medicine.

Take a farthingworth of Pellitory of *Spain*, and a quarter of an ounce of Staveſacre ſeed, and beat both together, and then drink a draught of Malmſey, put a ſpoonfull of this powder into your mouth, rolling it up and down, till your mouth be hot, and full of flegme, and then ſpit it all out; then take a ſtoole and ſet before you, and lay a cuſhion under your knees, and ſet a baſon under your mouth, and gape as wide as you can, and then the flegme will void from you out of all members of your Head, and if it come too faſt, hold over your Head to the baſon, and let it go; uſe this once in a year, and you ſhall be the better for it a long time.

A remedy for the Head.

Take the juice of Ivy leaves, mixt with Oyl, and Vineger, and rub therewith your temples, and your noſtrills.

For lightneſſe in the Head.

Take ſmall tents of linnen cloth, and dip them in Cinamon Water, and put them into thy noſtrills, and thou ſhalt be help'd preſently.

To purge the Head of all evill humors.

Take the root of Pellitory of Spain, and chew a piece thereof on either side of thy mouth, between thy Gums, and close thy mouth fast, till the water cometh down; then let the water go forth, but hold the root still a quarter of an hour.

For pain in the Head.

Take the juice of Ivy, that groweth upon trees, and oyl of Roses; and mingle them together with Wine, and anoint your Head therewith, and this will make it leave aking. *Probatum.*

For the Fyes.

FIrst, if it do come of Rheume or corrupt bloud, purge Rheume, and bloud; if it do come otherwise, be let blond in a vein called *Mediana*, and use locall waters, as waters, to mundifie the place, and then use Salves sanative, Fennell, Eyebright, Celendine, Rose water, are proper waters for the eys.

For a white that doth grow over the black of the Eye.

First purge the Rhume with Anacardino, and Sternutations, or Gargarices, and then make a plaister made with the white of two Eggs, and beat it well together, and then put to it a little Honey, and after that put to it Flax, or Tow, and to bedward lay it over the Eyes, and let it lie all night, & in the morning wash thine Eyes with cold water, and a fine cloth; do this three nights one after another, and be whole.

For

For a blood shotten Eye.

Take the white of two new laid Egg and beat them to a watrish spome; then put two into it, and three nights together lay it to thine Eye, and bind it fast, and renew it every night, and wear a green cloth before thine Eye.

For a blast in the Eye.

Meddle not with it with medicines, but weare before thine Eye a piece of black Sarsener, and eat neither Garlick nor Onyons, nor drink no Wines, nor strong Ale, and it will away.

A water to clear the sight.

Take Fennell, Vervain, Roses, Salendine, and Rue, of each two ounces, & distill them, and wash thine Eyes therewith, for it is good for all manner of sore Eyes.

For blear Eyes.

Take the juice of Wormwood, and beat the white of an Egg into Water, and wix it with Woormwood juice, thus mixed with water made of the white of an Egg, and put it into thine Eyes and it shall put the blood and aking away.

A water to clarifie the dimnesse of the sight.

Take the juice of Fennel, and Salendine, Rue, and Eyebright, of each two ounces, Honey an ounce & a half, Aloes, Tyme, and Sarcocell, of each half an ounce, the gall of a Capon, Chicken or Cock, two drams: Nutmegs, Cloves, and Saffron, of each a dram, Sugar Candy six drams, put all into a limbeck of glasse, and distill it, and of this water put

into your Eyes, and if you could get the liver of a Hee-Goat, and mix with the said things in the distillation, that water will be of much greater vertue, and almost without comparision.

Another for the same.

Take the green Walnuts husks and all from the trees, with a few Walnut leaves, and distill thereof a water, to drop into your Eyes.

A finger powder, that drieth and taketh away the redness of the Eyes.

Take Tutty prepared half an ounce, Antimony half an ounce, Pearles two drams, red Corall a dram and a half, pound all these together very fine, and keep them in a box of Tyn, and use when thou hast need.

A Regiment for them that have sore Eyes.

Take heed that you alwayes keep your body loose, and abstain from fire, smoke, wind, dust, and over hot and cold ayr, and from weeping, & long reading of small letters, from over long watching, over much drinking of Wine, and eating late, for all these are noysome to the Eyes, also all vaporous things, as Onyons, Leeks, Garlick, Mustard, Peas, and Beans are very dangerous; forbear day sleep, and behold green things, clear and pretious.

To clear the sight, or for redness of the Eyes.

Take Salt and Ginger, and make it into fine powder and temper it with white Wine, and let it so stand a day and a night, then take off the thinnest thine, and wet your Eyes with a feather to bedward.

For

For a Pin and Web in Eye.

If there be a Pin or Web in the Eye, or other blemish in the ball of the Eye, take water of Pimpernell, Vervain, or Salendine.

To make a good water for sore Eyes.

Take Fennell, Rue, Eufrace, Vervain, Tornmintill, Betany, red Roses, Endive, Sowthistles, call'd Chicken meat, Pimpernell, red Salendine, Filago, the leaves of Piony, the leaves of white Vine, March, Egremony, Skinfoil, called Woodbine, of each a like quantity, bray them well together, and the first day lay them in white Wine, the second day lay them in the Urine of a man-child, the third day lay them in the Milk of a woman that feedeth a man-child, the fourth day in clean Honey, and then distill them with clean fire softly; and keep that water well, for it is excellent.

For a hurt in a mans Eye that cometh with a stroke.

Take Betany two handfulls, and beat it small in a morter; and put thereto the white of an Egg, and break it with the other in a morter, and take of the same liquor, and put it into thine Eye, and lay some upon the Eye, and bind it fast, and do so nine dayes, and be whole.

Another for the same.

Take Egremony and bray it, and temper it with white Wine, and an Egg, and make a plaister thereof, and lay it to the outside of thine Eye, and if it were almost out, it would heale it without doubt.

For the Eyes that run full of water, and be bleared.

Take the juice of Rue four ſpoonfulls, and two of Honey, and mingle them together, and when you go to bed, put thereof into your Eyes, and keep it in together, and uſe this, and it will help thee. Or take two or three roots of red Fennell, and the leaves alſo, and a branch of Salendine, and a good race of white Ginger, pared and beaten flat, and if they be not great enough, take two races, put theſe into half a pint of running water and cover it, and uſe to put of this water into your eyes when you go to bed, & an hour before you riſe in the morning, when you take thereof ſtrain it.

To ſave a mans ſight a long time good.

Take a crop of Rue, and another of Camomill, and eat them faſting, with a fig or two three dayes in a week, and this will ſave thy ſight.

To draw Rheume back that falleth into the Eye.

Take an Egg and roſt it hard, and ſlit it into two parts, and lay it hot to the nape of the neck, and thou ſhalt finde eaſe preſently.

A medicine for ſore Eyes, and for the Megrim in the head.

Take the white of a new laid Egg clean taken from the yolk, and a ſpoonfull of white Ginger, and a ſpoonfull of ſtrong white Vineger made of Malmſey, or white Wine, and a ſpoonfull of clean Roſe water; but firſt the white of the Egg muſt be well beaten, and then to the Oyl of the Egg put your

your other things above written, and beat them all together, then take Flax, as much as will make two plaisters, for either Temple one, with a cloth, and dip it into the medicine, and bind upon every Temple one with a cloth, and take heed the medicine do not touch your Eyes; and do this three or four nights together, and every morning the Eyes will cleave together with the Gum; but this medicine hath brought to sight them that were eight weeks stark blind.

For a Pearl and Web in the Eye.

Take fine white Ginger, and grate it upon a whetstone, and then beat fine a little white Coperas, and put to it, and when the Patient goeth to bed, put some of it with a quill into his Eyes, and when it hath been there a little while, take ground Ivy beaten, and strained, with womans M[illegible], and put three or four drops into your Eyes evening & morning, after the white Coperas hath been in your Eyes half an hour. *Probatum est.*

A medicine to clear the sight.

Take clean Rose-water a quantity in a sawcer, and clean Myrrhe as much as a Nut, and break it to powder small, and bind it in a clean linnen cloth, and let it lie in the Rose water 12 hours, and then the water will wax somewhat red of the Myrrhe, then take off the water, and put it into your Eye, and this will clear the sight very well. *Probatum est.*

To make a precious water for ſore Eyes, that be fair to looke on, and yet cannot ſee with them.

Take Smallage, and red Fennell, Rue, Betany, Vervain, Pimpernell, Eyebright, Sage, and Salendine, of every one of theſe a quantity, and waſh them clean, and ſtamp them in a very fair veſſell, and take the powder of fifteen Pepper corns, and a pinte of good white Wine, and three ſpoonfulls of good live Honey, fifteene ſpoonfulls of the water of a man-child that is very young; then put all theſe together and let it boyl over the fire a little, and then ſtrain it through a clean cloth, and keep it in a veſſell of glaſſe, well ſtopped,& when you will occupy it, put ſome of it into your Eyes with a feather,and if it dry away in the glaſſe,then put a little white Wine to it, and this is good for all ſore Eyes; if thy Eyes be never ſo ſore,in fifteen dayes it will heal thee. *Probatum eſt.*

For a Pearl or Web in the Eye.

Take fine white Ginger, beaten fine into powder, and ſearſe it and ſeeth it a great while in good white Wine,and put it into a fair veſſell of Latten well ſtirred, & let it ſtand in the veſſell till it look green,then put it into a glaſſe, and when you have need of it, uſe it with a little white Coperas at the dreſſing; Or for the Web in the Eye, take the gall of an Hare, and clarified Honey by even portions and mingle them together,and lay it on the Web, and within three nights the Web ſhall break and ſave the ſight. *Probatum eſt.*

A medicine for any that hath the ſmall Pox fallen into their Eyes.

Take Pimpernell, and ſtamp it and ſtrain it, and take the juice thereof and drop it into your Eyes, where the ſmall Pox is, with a feather, morning and evening, and this is a ſpeciall good medicine for a Pin, a Web, or a Pearle in the Eye.

For a Pin and a Web.

Take the Ivy leaves that grow upon an Aſh tree, wipe them clean with a cloth, and ſtamp them and ſtrain them with womans milk, if it be a man that hath a Pearl in the Eye, ſtrain it with the milk of a woman that nurſeth a Girl, if a woman have a Pearl, then with the milk of a boy, and the ſorer the Eye is, the more of the juice you muſt take, and leſſe of the milk, and drop this medicine into thine Eye with a feather, morning and evening, and twice in the afternoon. This is proved.

For ſore Eyes.

Take the juice of Houſeleek, womans milk, Roſe water, or Woodbine water, and the white of a new laid Egg well beaten, the froth taken away, and beat all theſe together, and dip the Flax, and lay it to your Eyes when you go to bed. *Probatum eſt.*

For Eyes that are ſwoln.

Take two ſpoonfulls of womans milk, one ſpoonfull of Roſe water, the pap of a roſted apple, and the yolk of a new laid Egg; and boyle all theſe together in a ſawcer upon a chafing-diſh of coals,

coals untill it be thick, and ſpread it upon a litt
cloth of the bigneſſe of the Eys, and lay it to luk
warm, one day and a night, or untill you ſee the
ſomething aſſwaged, and then waſh them with w
mans milk. *Probatum eſt.*

*I have known a woman heal many blind people wi
this medicine following.*

Take Dayſie roots, Betany, Pimpernell and re
Fennell, of each a ſmall bundle, and ſtrain the
with ſtale Ale, and drink of this evening and mo
ning, and lay outwardly to thy Eyes Roſe wa
ter, Womans milk, and the white of an Egg wit
two, being well beaten together: the drink wi
be the better, if you pound. and put the juice o
Cheſlocks, a worm ſo called, that is between th
barh and the body of trees commonly, and the
the juice of the ſaid worm put into the ſore Eye
healeth them: you may uſe the Cheſlocks if yo
pleaſe.

*A medicine wherewith one was holpen that had a
prong thruſt into the white of his Eye.*

Take the right ground Ivy, Salendine, the gree
of a Gooſe tird, and womans milk, and put the
together in a Glaſſe, then when they be ſetle
powre out the cleareſt, and put it into thine Eye
and this will make thee whole.

A pretious medicine for ſore and dim Eyes.

Take a handfull of Tyme, a handful of Vervain
a handfull of Roſe leaves, a handfull of brow
Fennell, and when you have waſhed thoſe hearb
clean

clean, put them into a Stelletory, and then put thereto a pinte of white Wine, and eight penniworth of pure white Coperas, and diſtill the ſame, and put it into a glaſſe, and uſe to waſh your Eyes therewith. *Probatum eſt.*

A ſpeciall medicine for Eyes, firſt to clariſie the ſight, and curable to all paſſions to Eyes, as hath been proved many times, and if the Eyes be therewith waſhed, or elſe one drop of clear water put therein, it cleareth the ſight, and is much profitable to ſtruined Eyes; it will deſtroy a Pearl, overcometh the Megrim, and healeth any Eyes that be ſmitten with a ſtroake.

Take red Fennell, Rue, Eufrace, Vervain, Betany, red Roſe, Grape leaves, Appium, Egrymony, ground Ivy that groweth upon an Oak. and of all theſe take even portions, and it muſt be put four dayes and four nights in the manner following: the firſt day and night in white Wine, the ſecond day and night in water of a man-chile, a Virgin, the third day & night in womans milk, the fourth day and night in clean Honey: and this done, take all the hearbs, and put them into a ſtilletory, and the water that cometh thereof ye ſhall put into a viall, and uſe this as aforeſaid, and in this water put the fourth part of an ounce of Camphere beaten in a mortar, this is an excellent medicine.

To make a water for ſore Eyes, which is excellent.

Take the filing of braſſe, of Iron, Lead, of Steel, and of Gold, and put it one day in the wa-

ter

ter of a clean Virgin to ſteep, the ſecond day put it in white Wine, being hot, the third day in the juice of Fennell, the fourth day in the milk of an Ewe, the fifth in red Wine, the ſixth day in three whites of Egges, and then put it into a Stelletory, and diſtill it with a ſoft fire, and keep the water in a veſſell, this water is right excellent and pretious for a mans ſight, and deſtroyeth the Leproſie.

A medicine for the Pearl and Flegme grown over the Eye.

Take the Gall of a Hare, and boyle it with as much Honey as the Gall, and anoint thy Eyes therewith. *Probatum eſt.*

Medicines for the Ears.

For the earwig or, worm in the Ear.

TAke the juice of Wormwood, Rue, and Sothernwood, of each a like much, and mingle them together, and put it into the Ear, and that will ſlay the worm that is in any mans head within five nights at the furtheſt, and lay ſome of the ſubſtance of the herbs Plaiſter-wiſe.

To make one hear that is deaf.

Take green Elm, and lay it amidſt the fire, and take the water that cometh out of the ends thereof a ſpoonfull, and take a ſpoonfull of the juice of Sengreen, and a ſpoonfull of Eels greaſe, that is

a kind of a black Eel, of the gobbin next the navell, and boil them together a little over the fire, and then put the liquor into a glass, and put thereof into thine Ears when thou art in bed, and within a day thou shalt be whole, but look that the liquor be milke-warm: or take the juice of Betany, and let it rest a good while: and then take black Sope, and the juice together, and put it into thine Ears.

Another for the same.

Take Camomil, Melilot, Marjoram, Calamint, Hyssop, Wormwood, Penyroyall, Stechados, Mints, of each a handfull, boil them in running water one hour, and dip a cloth therein, and hold it hot to the Ear that the heat may enter into thy head, and after stop thy Ears with cotton or black wool, that no cold may enter, and this will help the hearing.

A water to help the hearing.

Take and distill Sorrell, or Wormwod in a common stillatory, and take four drops of either of the same waters, whether you will, and put into the ear luke warme.

For pain in the Ears, or for default in hearing.

Take the oyl of sweet Almonds, and drop it into thine ear, and it helpeth the pain speedily, also milke sodden, and put into a stone pot with a narrow mouth, and the sore ear holden over the pot, that the vapor of the milk may ascend into the ear; this taketh away the pain, and breaketh the impothume of the head, this is proved true,

Another for the same.

Take the oyl of a silver Eel, with black wool o a Ram, betwixt the hinder legs, and the flank, i helpeth presently the pain, and will cause the Ea to run. Also the oyl of a Weasle or Mole helpet the hearing very well, but you must make it in thi sort, when the Weasle or Mole is stripped of hi skin, then put the said Weasle or Mole into an ear then Jug, and stop the Jug very close, and put th pot into seething water, and let it stand ther three hours, and then take it out, and put the clea substance into a Glasse.

To draw an Ear-wig out of the Ear.

Take a piece of an old apple, and put it into th Ear of the Patient, & lie down all night upon th same side, and in the morning pluck away the ap ple quickly, and the Worm will come forth. [*Thi helpt a Woman in Oxfordshier.*] Also another woman had one of the said Worms in her Ear, and she took *Aquavitæ*, and dropped it into her Ear and stopped her Ear with Bumbast, and laid he down on the same side, and was holpen presently but if once wil not serve, do it two or three times

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Medicines for the Noſe.

For a fleſhy humor growing in the Noſe, or for a bottle Noſe.

TAke of the Powder of Dragagant with a little Honey, and make a Tent thereof, and introduce it into your Noſe, or Noſtrills, or take the juice of black Ivy, with a little Cotton, and make a Tent, and put it into your Noſtrills.

For bleeding at Noſe.

To reſtrict the blood which doth flow out of a mans Noſe, let him ſmell to a Hogs tird, and lay his ſtones and cods in vineger. If it be a woman, let her lay her breaſts in Vineger, or elſe exhauſt an ounce or more of blood out of a vein called *Cephalica.*

For ſtinking of the Noſe.

Take Cloves, Ginger, and Calaminta, of each alike, and ſeeth them in white Wine, and therewith waſh thy Noſe, and after put in powder of Pierimony to provoke ſneezing. Alſo if the cauſe of the ſtinking come from the ſtomach, firſt help thy ſtomach, as ſhall be ſaid in the remedies for the ſtomach.

A ſingular medicine to ſtop blood.

Take ſwines dung as hot as you may have it from the Swine, and when you have cleanſed the congeal'd blood out of the Noſe, wring it through a cloth, and let that juice pierce into the ſide, from

whence the blood cometh, and by the grace of God it shall stanch anone. Moreover it is good to bind the feet and arms, as hard as can be suffered with a cord or lace, the stronger the better: Or take strong Vineger, and put it into the side of the Nostrill that bleedeth, and if they bleed both, put it into both, and it shall stop straight: Or take and bear about thee the herb *Appium*, otherwise called March Smallage, that groweth by the water side, and whilest thou beares the same about thee thou shalt not bleed if thou haddest many wounds.

To kill a Canker in the Nose.

Take and boil strong ale untill it rope, and be like a salve, then lay it on a plaister of Leather, and lay it on the Nose, and it will heal it, and for stinking flesh that groweth on the Nose, take and distill Serpentine called Adders tongue, and then put of the same water with cotton into the Nostrils where the stinking flesh is: and against the imposthumation of the Nose, take and distill flower de Luce, and lay wet cloaths thereon; also water of Sowthistles, called *Cardnus Benedictus*, doth heal the *Noli me tangere* in the Nose, wet cloathes being laid thereon, and some of the powder of the same will heal the Nose.

For pushes and pimples in the Nose.

Take the yolk of an Egg, and bray it with Ceruse, and so anoint your Nose therewith, and be whole within four or five daies at the most: or take the juice of Plantane, and the roots of Burres, and

and Salt, and Verjuice, and stamp them all together, and strain out the juice, and therewith wash thy Nose, and it will be whole.

To stop bleeding at the Nose.

VI. Take Amber, and burn it in a Chasingdish of coals, and let the smoak of it go up into thy Nose, and it will stop bleeding. A Tailor bleeding twenty four hours without ceasing, and no medicine could stay him, at last he took a skain of black threed, and put the one end thereof in at the Nostrills, and the other was set on fire, and when he had received the smoke into his Nostrils, the great Flux ceased immediately, and he bled no more in a long time after.

Another for the same.

Take the root of the great Roman Nettle, and let the Patient chew it in his mouth, and so refresh it with another root, for this in great need hath been found very saying for the staying of the Flux of Blood. And when I could stop the blood with no manner of medicine, then I opened a vein in the ear, and so let out a good quantity of blood: this is the last refuge for bleeding at the Nose.

Medicines for the Mouth.

WHoſoever would have help for the Mouth, or for the Tongue, or for the Ears, or for the Eyes, or for the Noſe, or for the Teeth, or for any dolour or pain which may be in any of thoſe parts or places, let them uſe otherwhiles Sternutations to the quantity of a ſmall peaſe, and pill of Chochy half a dragm, and a ſcruple, or a dragme at the moſt, and once or twice a moneth, let them uſe Gargariſmes a good ſpoonfull, three or four times a day, to exhauſt and draw out the rheume out of the Head, the which rheume is cauſe of many infirmities in mans body, as doth more largely appear as followeth.

For ſpitting of Blood.

Take the juice of Betany, and temper it with Goats milk, and let the ſick drink thereof three dayes, and he ſhall be whole: Or take Smallage, Mints, Rue, and Betany, and boil all theſe in good milk, and ſup it warm.

For ſtinking of the Mouth.

Take the juice of black Mints, and of Rue alike much, and put it into thy Noſtrills, and this will help thee. This is proved.

For a ſtinking Breath.

Take an ounce of Sage, and make thereof powder, one ounce of Roſemary flowers, half an ounce of Cloves, two drams of Cinamon, two Nutmegs, and

and two grains of Musk, and make them all into powder; then take as much purified honey as will cover all of them, put it in a box. and set it in the Sun five days, and it will be perfect; then take every morning fasting half an ounce, and so at night to comfort the meat that it putrifie not, or corrupt the stomach; and be whole.

To recover a mans speech.

Take the juice of Sage and Primrose, and put into the Patients Mouth, and he shall speak straight, or within a while after.

For a Mouth that is staid with heat.

Take Ribwort, and seeth it in red Wine, and hold it in your Mouth hot, and do this often, and be whole.

For the Canker in the Mouth.

Take nine leaves of Sage, and stamp them with a little Salt and Verjuice, and make thereof a plaister, and lay it thereto, and it will be whole, but you must dresse it twice a day.

Against the inward eating sore of the Mouth.

Take and distill Perwinckle, and with the water thereof wash thy mouth, also water of Lavender and Fumitory doth kill all sores in the Mouth: and for Blains in the Mouth, take and distill Burnet in a common Still, and with the water thereof wash the Blains in thy Mouth.

For a Canker in the Mouth.

Take rusty Bacon, and Vine roots, of each an ounce, of wheat bran a handfull, and of brine two

two or three pints, and ſeeth all theſe together in Brine, wherein fleſh hath been laid to ſalt, and let the hot vapor thereof aſcend to the ſore place through an inſtrument like a Funnell made of wood; and this done, waſh this ſore place with this water following. Take the inner barke of the roots of black Thorn, and ſeeth it in a pint of white Wine Vineger, and a pint of water: of the Bark twelve ounces, of Roch Alum two ounces, ſeeth theſe together in a ſtone Cruſe, in a Kettle of water cloſely ſtopped, till half be waſted, then ſtrain them, and put of this liquor into the ſore. This helped a child of twelve years old, that the Canker had eaten through the roof of his Mouth into his Noſe. But if the Canker be not very corroſive, take Woodbine, Sage, Lavender, Roſemary and Salendine, and ſeeth theſe in running water and white Wine, till halfe be waſted, and then ſtrain them, and put to this ſtrained liquor a little Alom, and Myrrhe, Honey, and Sarcacoll, when theſe be a little ſodden, then ſtrain them again, and rub thy Mouth therewith often in a day.

For the falling of the Evola.

Take a little pepper and ſalt, and put it up therewith: or elſe take and ſeeth a little pepper in Ale, and dip a linnen cloth therein, and put it up therewith: alſo take a handfull of Fetherfew, and rub it betweene your hands, then lay it to the Crowne of the Head, and it will draw up the Evola.

For

For a Canker in the Mouth.

Take a little bundle of Rosemary, Sage, and put it in running water, and seeth them wel together, and put to them Roch Alum, and wash thy Mouth therewith: or take woodbine leaves, and stamp them, and put thereto a little running water, and strain out the juice thereof, then put to the same a little White Coperas, and wash thy Mouth therewith, and it will be whole.

For a Canker in the Mouth.

Take a sawcer full of woodbine water, and put thereto as much Alum as a Hasell Nut, and then take of Mell-Roset as much again as the Alum is, and put to it a spoonfull of good Vineger, and boil all these together upon a Chafingdish, and wash the Canker therewith.

Medicines for Teeth.

To make Teeth white.

TAke the Vineger of Quinces, and lip a little piece of cloth in it, and rub thy Teeth, and Gumms therewith: the said Vineger fastneth the Teeth and Gums, comforteth the roots of the Teeth, and maketh sweet Breath.

To keep the Teeth sweet, clean, and from danger of worms, or a Regiment ach.

Take a pint of white Wine, two ounces of Alum,

lum, & a quarter of an ounce of Honey, boil them together, and wash your Mouth therewith every morning.

A Regiment for the Tooth-ach.

You must wash your mouth before and after meat with warm water, to cleanse the mouth and Purge the humors from the gums, which descend out of the head, it is good every morning to wash the mouth, and to rub the Teeth with a Sage Leaf, or with powder made of Cloves and Nutmegs. You must forbear Lettice, and raw fruits, all tart things, and the chewing of hard things: also all meats of evill digestion, and vomiting, and straining of your self.

For the Tooth-ach.

Take the root of Henbane and seeth it in vineger, and hold in thy mouth the decoction thereof, and the pain of the Teeth will away straight: or take Hysop, and make a decoction with vineger, and wash your mouth and teeth therewith being hot, and the pain will away.

Another for the same.

Take wheat bran, and good stale Ale, and make it thick like Mustard, and let it soke therein a quarter of an hour, then strain it, and put thereto the powder of pepper a good quantity, and some of the juice of Rue, and make it somewhat thick, and put it into a little bag of linnen cloth, and lay it between thy cheek and thy teeth, and lie down on that side, and let the water run out of thy mouth, and

and uſe it three or four times, & thou ſhalt never have the Tooth-ach more: or take Hounds tongue, and ſtamp it, and fry it with butter, and make a plaiſter thereof, and bind it to thy cheek on that ſide the pain is, and thou ſhalt be whole. Proved.

An approved medicine for the Tooth-ach.

Take Berries of Ivy, and the ſcraping of a Harts Horn, and boil it in white Wine, and make a plaiſter thereof, and lay it to thy Cheek, and hold the liquor thereof in thy mouth, and thou ſhalt be whole. Or take pepper, Salt, and the roots of Primroſe, and dry them all together, and make powder thereof, and rub thy Teeth therewith.

To take away the Tooth-ach in halfe an hour.

Take Henbane ſeed, Smallage ſeed, and Poppy ſeed, of each the weight of a peny, and make pellets thereof as big as a Vache, with a quantity of *Aquavitæ*, and lay it unto thy Teeth that ake, and the pain ſhall ceaſe ſtraight.

A notable medicine for the Tooth-ach.

Take Pellitory of Spain, both of the leaf, and of the root, waſh it, and ſtamp it, and thereof make three balls, every ball as big as a plumb, and lay the firſt ball between the Teeth and the Gummes, the ſpace of a miles riding, and even as the water ingendreth in thy mouth ſpit it out whole, and put in another ball, as thou diddeſt at the firſt, and likewiſe the third, and ſo let the water run out of thy mouth ſtill, and be whole ſtraight.

To make Teeth white.

Take flower of Rie, Salt and Honey, and mingle them well together, and therewithal rub thy teeth every day twice or thrice, & then wash them clean with water, and they will be clean. Or take green branches of broom and burn them, & make thereof a powder, and burn Alum, and mix them together, and then temper them with fair water, and rub thy Teeth therewith, and it will do away the blackneſſe of them.

For the Tooth-ach.

Take the green part of the Eldar rine, not the uttermoſt, nor the innermoſt, but the green in the middle between both, and Sage, Rue, and Ginger, and a good deal of Salt, then grind them all together in a mortar, and ſeeth it in white Wine, and make a plaiſter thereof, and lay to the cheek, and be whole.

Another for the ſame.

Take a pint of the ſtrongeſt vineger thou canſt get, and a handful of Sage, the root of a red Nettle the quantity of a fingers length, and as much of the rine of an Oke, and cut them in little pieces, and ſo let the Vineger and all the reſt ſeeth together from a pint, then let the Patient chew it on the ſore Tooth, and ſo dreſſe him evening and morning, half of it at each time, and this ſhall help him for ever. *Probatum eſt.*

For to remove a Tooth.

Take the root of a Mulberry tree, and lay it in Vi-

Vineger three days and three nights, and then dry it in the Sun, and make powder thereof, and rub thy Teeth therewith, and they will fall out.

A water for the Teeth.

Take and diſtill the water of Motherwort, and hold it in thy mouth a good while, and it will kill the pain of the Teeth, and the ſtinking thereof. Alſo water of Vervain, or Hyſop water will do the like.

For the Tooth-ach.

Take Henbane ſeed, and the powder of Amber, of each alike much, & lay them on a glowing tile, and make a pipe that thy breath may go through to the ſore Tooth, and this will kill the wormes, and put away the Tooth-ach.

For a Canker, and Tooth-ach.

Take Smallage, and Sorrell leaves, Alum, and glaſſe, and make thereof a powder, and lay it to the ſore, whereſoever it be, and for the Tooth that is hollow and aketh, take the flowers and leaves of Pellitory, and ſtamp it with ſalt, and fill the hollow Tooth therewith, and be whole.

For the Tooth-ach.

Take Ivy Berries, and ſeeth them well in Vineger, and when they be well ſodden ſip ſome of the liquor as hot as you may ſuffer it, and hold it in your mouth till it be cold, and then caſt it out, and take new, and do ſo three or four times, and it will eaſe you.

For the Tooth-ach.

Take and roſt an Egg hard, and put therein a ſpoonfull of ſalt, and two ſpoonfuls of Vineger, or good Aleger, and temper them well together, till they be a pap, then ſtrain it, and with a little fine cloth put ſome thereof into your mouth, and when you have ſpit out the corruption, refreſh the ſame with more, and it will take away the pain ſhortly.

To make Childrens Teeth come.

Take the brains of a Hare, and ſeeth them, and anoint the Gums therewith: and take the brains of a Hen likewiſe, and rub the Gummes therewith, and this ſhall make the Teeth grow without aking.

To faſten the Teeth.

Take and ſeeth the roots of Vervain in old Wine, and waſh thy Teeth therewith, and this will make them faſt.

For Wormes in the Teeth.

Take Henbane ſeed, and lay it upon a flat ſtone, and ſet it upon a Chafingdiſh of coals, and let the ſmoke go into your mouth, and this will kill the Worm ſhortly.

For the Tooth-ach.

Take the inner rine of an Eldar tree, and bruiſe it a little, and put thereto a little Pepper, and make it in balls, and lay it to your Teeth, and be whole.

The cauſe of theſe impediments may come, ei-

ther, by an humor descending out of the Head to the Teeth, or Gummes, or by corroding or eating of Worms, or corruption of blood, lying and being upon, and betwixt the Teeth: or it may come by drinking of hot Wines, eating of hot Spices, or hot Apples, Pears, Cherries, and such like; and it may come of a hot Liver or Stomach; and ever beware of pulling out of thy Teeth, for pull out one, and pull out more, but if it be hollow pull it out, for it will rot still more and more, do what thou canst.

Medicines for the Gummes.

For the Gummes that be gnawn and fretted with Humors

TAke Cloves, and seeth them in Rose-water, then dry them, and make powder thereof, with Rose-water, or Roses, for that is best, then dry it again in the Sun, do this three or four times, & then temper the powder again with Rose-water, or with the juice of Roses, and anoint thy Gummes therewith.

A water for a Canker in the Gummes.

Take half a pint of white Wine, and a quarter of a pint of water, and put thereto an ounce of burnt Alum, and take a quantity of five leaved grasse, [illegible]rwise called Cinque-Foil, and put all these

theſe into a clean earthen pot, and ſet it over the fire, and let it ſeeth to the halfe, and ſcum it clean, then ſtrain the liquor into ſome veſſell, and keep it in a glaſſe till thou have need to occupy it.

Another for the ſame.

Take Herb Graſſe, and waſh it clean, and dry it with a linnen cloth, and ſtamp it in a mortar, and put thereto ſtrong red Vineger, then ſtraine it through a clean linnen cloth three times folded, of an ell broad, wet it in the ſame medicine, and lay it to the ſore within the mouth: and if it be a very great Canker, take Alum, and beat it very ſmall in a mortar, and put it to the ſaid medicine, to the value of a handfull of Herb Graſſe, and this will heal thee.

To make a Gumme hard to hold the Teeth.

Take cleane Roſe-water, and daily waſh thy Gummes and Teeth therewith, and it will faſten thy Gummes to thy Teeth.

For rotting of the gummes.

Take the water of great Sage, and waſh thy mouth, and gummes therewith, and it will help the rotting of thy teeth, and the ſhaking of them, if thou uſe it often in a day, and hold it in thy mouth.

Medi-

Medicines for the Face.

For a ſawcy ſtained Face like a Leper.

YOu muſt give him a Purgation, as is ſaid in the pain of the Head, coming of Choler, then dip cloaths in Alum water, which muſt be made as followeth: take a pound of Alum Glaſſe, the juice of Purſlain, of Plantain, and Verjuice, of Grapes, or Crabs, of each a pint, with the whites of twenty one Eggs well beaten together, then mingle them all together, and diſtill it in a Stillitory: this water is for the Pimples, Scurfes, Chafings, Wheals, and Heats, dip your cloth therein often, and lay to the redneſſe.

The cauſe of theſe impediments doth come of a venemous matter, aſcending out of the Stomach, meeting with Rheume that would deſcend from the head, and meeting both together, do cauſe the Vapors to break out in the Face.

For a Copper Face.

Take Litarge of Silver and Brimſtone, of each a like much, and ſeeth them in Vineger, and then wet a linnen cloth therein, and lay it to the ſore, putting a little Roſe-water to it.

A diet for a Copper Face.

Abſtain from all ſalt things, Spices, fried Meats, and roſted Meats; from drinking of Wine, for it is very ill: alſo Onyons, Muſtard, and Garlick be very bad, inſtead of which you muſt take

Purſlain, Sorrell, Lettice, and Hops, Borage, otherwiſe Succory, or Endive in your pottage. Alſo it is neceſſary to be laxative, and ſleeping to lay your head high.

For a red Face.

Take Sowthiſtles, Borage, Purſlain, Sorrell, Barley, Parſly roots, and Licoras, and boil them all together in running Water, and drink it firſt and laſt.

For Worms in the Face.

Take of Roſine three parts, and the fourth of unwrought Wax, one ſpoonfull of Honey, half a ſpoonfull of May Butter; try them all together on the fire, then ſtrain it through a fair cloth into a diſh of fair water, and when it is ſo cold that you may ſtir with your hand, work it well againſt the fire, as you do an Electuary, and in working thereof, put in as much white Coperas as a Nut, as you do occupy it made into powder, then ſtrike it on a cloth, as you do other plaiſters, and lay it to the Face, and within three daies you ſhall know whether there be Worms; they will riſe white like Wheals under the plaiſter: then caſt more Coperas on your ſaid plaiſter, and ſo dreſſe him, and he ſhall be whole.

To make the Face fair

Take the flowers of Roſemary, and boil them in white Wine, then waſh thy Face therewith, and uſe to drink of the ſame: Or take Burnet water, and waſh thy Face therewith, and let it dry

dry by it ſelf: alſo Water of Bean flowers doth better.

A medicine for a white Scurf in the Face.

Take of Vineger a pint, and diſſolve in it one ounce of Champhire, & let it ſtand therein fourteen daies, being very well ſtopped, & then waſh the diſeaſed place. This holp a Gentlewoman which had a long time a Scurf riſing in her Face, as though ſhe had been a Leper.

F*or chapped Lips.*

Take and anoint them with *Unguentum album conſecratum*, and if there be any corrupt blood or mater, you muſt waſh the place with water of Plantain wherein hath been ſod a little Alum, before you put in the ſame oyntment: alſo it is good to waſh the place with Plantain water, & Barley water together.

To put away freckles in the Face.

Take and anoint thy Face with the blood of a Hare, or of a Bull, and this ſhall deſtroy the Freckles within five nights dreſſing, if you uſe it.

A ſingular medicine for Worms in the Face.

Take the leaves and roots of Leeks, and the juice of them all together, and take thereof a pint and a half, and put it into a glaſſe, with an ounce of powder of Pellitory, and a ſcruple of Verdigreace, and ſtir them all together, and every day bath the Worm & Whelks with Cotton moiſtened in the ſaid juice, and ſtir it often in the ſaid glaſſe: alſo it is good for Worms in any other

members, and breeding in the ſickneſſe, called in *France* the *Kings Evill.*

To put away freckles in the Face.

Take and lay a raw Egg (that is new laid) in white Wine Vineger all night, and on the morrow ſtamp the egg ſmall, and then put thereto as much powder of Muſtard-ſeed as the egg was, and mingle it with the egg, and when thou goeſt to bed anoint thy face therewith, and on the morrow mingle Barley meal, and hot water together, then caſt away the water, and waſh thy face therewith nine daies: or take Salendine, ſtamp it, and temper it with white wine, and lay it to the Face: or take a good quantity of pellitory of Spain, and white wine, and let it ſtand a while, and then waſh thy Face therewith, and it will heal thee.

For Blains in the Face.

Take Salt, and the roots of Plantain, and Verjuice, and ſtamp them well together, and waſh the Face therewith, and this will heal thee.

For a foul Blaſt in the Face.

Take red Honey-ſuckle for the man, and white for the woman, and take the juice thereof, and anoint therewith thy face, and it will heal thee.

For a ſawcy flegme Face.

Take the roots of Enula Campana, and ſeeth it in a pot of Vineger, untill the Vineger be well ſod away, then ſtamp it in a mortar, and put thereto Quick-ſilver and Brimſtone, and Swines Greaſe, and make therewith a pl.iſter oyntment and a-

noint

noint thy Face therewith, and if you mak a plaiſter, lay thereto the ſame ſtuffe. This is proved. Or take oyl of Tartar, and anoint thy face therewith, or any Canker, or Ringworm, Tetter, or Leproſie, for this will make it whole.

For a red Face full of Pimples.

Take and diſtill water of Salendine, and diſſolve Camphire in it, as is afore written, with Vineger, and with this waſh thy face; this did make a maid whole in twenty daies, that had a marvellous great heat in her face. Alſo there was a Farmers wife in *Berk-ſhire*, which had her face full of white Scales, and was cured with this that followeth: She took Honey-ſuckle leaves, and diſtilled them, and waſhed her face often with the water, and it never came again. Alſo there was a woman which had ſuch a grief in her Face, that if ſhe had been by the fire but a little while, and then gone abroad into the ayr, her Face would have riſen full of red ſpots, as though ſhe had been drunk, which was helpt with this which followeth: She took Frankincenſe, and Saffron, and then made them to powder, and then caſt this powder upon a Chafingdiſh of coals, and received the ſmoke with open mouth, and uſing it often, was helped.

To take away freckles in the face.

Take Pellitory, and ſeeth it with Wine, and make a plaiſter thereof, and lay it to the Freckles,

and this will take it away: or take the Gall of a Cock, and mingle it with the flower of Cocle, of each a like quantity, and make a plaiſter thereof, and lay it to the Freckles: or take when you kill a Bull, and ſave the blood thereof, anoint the place therewith that hath the Freckles, and it will take them away.

To take away the ſmall Pox, that they ſhall not be ſeen.

Take the juice of Fennel, and heat it luke warm, and anoint the place therewith three or four daies divers times for this is an approved medicine for the ſmall Pox.

To make the Face *fair.*

Take white Lillies, green Cocle, and green honey Suckles, of every one a like much, and then diſtill them in a Stilletory, and take the water thereof, & waſh therewith thy face, and within fifteen daies thou ſhalt be fair.

For a red Face.

Take a handfull of Scurvygraſſe, and a handfull of Tutſon leaves and ſeeth them in a quart of Ale a prety while, then ſtrain them, and drink thereof morning and evening.

Medi-

Medicines for the Throat.

THe causes of these Impediments do come of Rheume descending from the head, or by Obilation, or such like; therefore first purge Flegme and Rheume.

For a sore Throat that is inflamed.

Take two spoonfulls and a half of Honey, two good spoonfulls of Treacle, of Alum as much as a Pullets Egg, of sweet butter two good spounfulls, five Sprigs of Rosemary, a quarter of a spoonfull of Pepper, and for an old body the more Pepper.

For dry hoarsenesse in the Throat.

Take the root of Parsly, and the root of Fennel, alike much, and three peny weight of Enula Campana, and one pound of Figs, and a quarter of a pound of Licoras; seeth all these together in a gallon of running water to three quarts, and put therein a little Hysop, and strain it, then boil it, and take the white of ten or twelve Eggs & put therein, and let it boil together, till it turn clear, then take Sugar, Roset, and put thereto as much as a Hens Egg, then take it from the fire, and cleanse it through a fair cloth, and drink thereof morning and evening.

For a Canker in the Throat.

Take a pint of good stale Ale, and a good hand-

full of Sage, and a good ſtone of Alum, as much as an Egg, and boil them together well, and then with a cloth waſh thy Throat, and garle it in thy Throat, and be whole: Or take Sage, Woodbine, Rue, Hyſop, or Penyryall, of each a quarter of a handfull, and boil them in good wine Vineger, or ſtrong Ale, with a little Roch Alum, and a ſpoonfull of Honey, and then ſtrain theſe through a cloth, and with liquor ſcoure the Canker with a fair cloth on a ſticks end, and wet a cloth double, and lay it plaiſterwiſe to your Throat, and be whole.

For hoarſeneſſe in the Throat.

Take Penyryall, and ſeeth it in running water, and then take of it at night a diſh full, ſomewhat hot, with a little, and Sugar melted it it, and within two or three times dreſſing you ſhal be clean again.

For hoarſeneſſe of a long continuance.

Take Raiſins, Figs, Sugar, Cinamon, Cloves, of every one a little, and ſeeth them in good Wine, of the which you ſhall give the Patient two ounces at a time, morning and evening, except ſhe have a Feaver: or for a Child that hath the Cough, take Oyl of Roſes, and chafe well his ſtomach when he goeth to bed, and then lay a warm cloth on his ſtomach, and he ſhall be whole.

To heal a Quinſie in the Throat.

Take one pound of the water of Scabias, and one ounce of *Aqua vitæ*, and mingle them together, and wet cloaths therein, and ſo lay it to the ſore

sore, and this will kill it in three or four dayes.

For the dry Cough.

Take half a pound of Licoras, and scrape it clean, and bruise it well, and put it into an earthen Pot, and put thereto three quarts of fine Wort, and one ounce of Sugar, of Ginger beaten two drams, and a pint of clarified honey, and seeth all these together, till half be wasted, and then strain it through a cloth into a clean Vessell, and let the sick drink thereof first, and last, at evening hot, and morning cold.

For stopping of the Pipes.

Take two drams of Methridatum, and a spoonful of Claret Wine stirred together, and so drink it fasting, and by and by drink a pint of Claret Wine after it, and then fast two hours after, without meat or drink, and take this twice a week for two or three weeks together, and use in all your meats and broths, white Pepper grossely beaten.

For the Cough a good medicine.

Take a half peny worth of Licoras, a spoonfull of Anniseed, a sawcer full of the juice of Fennell, and one ounce of Sugar Candy, seeth all these in white Wine, or Sack, from a quart to a pint, then strain it, and give the Patient thereof to drink.

For the Cough, and Pursinesse.

Take of the powder of the Lungs of a Fox, and Sugar Candy, and temper it in Rose-water, and drink thereof: Or take white Sugar Candy, & Rose-water,

water, and drink it, for it is very good for the Cough, if it come of the inflammation of the Lungs.

For the Chin-Cough.

Take the root of Horſe Hoof, and the root of Cumfry, of each a like much, and waſh them in fair water, then ſtamp them, and ſeeth them in fair water, till half be conſumed; then take two parts of that liquor, and a third part of honey, and boil them, and ſcum them clean, and when it is well ſodden, put it into ſome boxes, and let the ſick uſe three ſpoonfulls at a time, every day faſting, and to bedward.

A very good medicine for the Cough.

Take a brown Loaf, before you put it in the Oven, and make a hole in the top of it, and put therein a good handfull of Roſemary, and cover it again with the ſame Paſte, and being baked, take it out of the Oven, and min gle it with half an ounce of the powder of Enula Campana roots, of Licoras three parts, of Sugar-Candy as much as of the Roſemary, of round Pepper, and long Pepper, of each half an ounce, take of this evening and morning, and in your portage, and it will help the Cough with great ſucceſſe, for it hath been well tried.

Medi-

Medicines for the Breast.

For ſore Breaſts when they be broken.

TAke Wheat flower, and two yolks of Eggs, and the juice of Plantain, and mingle them all together till they be thick like a ſawce, and if there be holes in the Breaſts, make Tents that will ſuffice the holes, and dip them in the ſame, and put them in the holes, and lay a plaiſter thereupon.

For ſore Breaſts.

Take a handfull of Figs, and ſtamp them untill the Kernells be broken, then take a little freſh greace, and temper it with the Figs, and make a plaiſter thereof, and lay it as hot as the Patient can ſuffer it unto the breaſt, and it will take away the anguiſh; and if it be apt to break, then it will break, or els not.

An healing ſalve for ſore Breaſts that be broken

Take Sorrell, the Boyes call it Wood ſowre, and lap it in Wort leaves, and roſt it in the Embers half a quarter of an hour, then ſtamp them, and put thereto Honey and Vineger, and put them in a Box, but firſt lay to the ſore Breaſts a plaiſter of Garlick and Meal, boiled together in Vineger two or three times, and lay it thereto.

For ſwelling of Womens Breaſts.

Take Lineſeed bruiſed, and the white of an Egg, or the juice of Smallage, and mingle them well

vvell together, and lay them plaiſter-vviſe to the ſvvelling of the Breaſt, and if ſhe loſe her milk, give her to drink the juice of Vervain, and ſhe ſhall have milk enough, and this will alſo heale your Breaſt.

For abundance of milk in a womans Breaſts.

Take Popilion, and Lineſeed Oyl, and ſeeth them together, and dip cloaths therein, and ſo lay them to the Breaſt, taketh away the abundance of milk, and the hardneſſe of the Breaſt preſently: alſo Chickweed ſodden in Plantain Water, and laid Plaiſter-wiſe to the Breaſt, drieth up the milk, and taketh away the hardneſſe thereof: greene Wheat being ſtamped and ſtrained with Oyl, bringeth to women milk abundantly without meaſure.

For all manner ſtopping of the Breaſts.

Take the Gum of a Cherry tree, and diſſolve it with old Wine, and let the ſick ſup thereof, and it will void all hoarſeneſſe and ſtraightneſſe of the Breaſt and Lungs: Alſo take Figs, and ſlit them on the outſide, and ſtop them full of Muſtard, and ſeeth them in white Wine, and eat of the Figs, for this is very good.

For all diſeaſes of the Breaſt, and to clear the Voice.

Take a good quantity of Woodſtone, and grind them not too ſmall; and then put them into an earthen pot, and put thereto new Ale, as it is cleanſed,

cleanſed, and mingle them ſo, that the Ale be a good deal above the Slone, and bury it in the earth, and cover it well with the ſame earth, and ſo let it ſtand nine daies, then give to him that needeth a little cupfull hot at night, and cold in the morning.

To clear the Breaſts.

Take Sentory, Pillial, Rew, Hyſope, and red Morrel in ſtale Ale, and ſtrain it, then put into the clear liquor Cinamon and Cloves, and ſeeth them well, and drink thereof nine daies, at evening hot, and at morning cold, and be whole. Alſo take Angelica Water, and drink it at evening ann morning, an ounce at a time, and it wil greatly help thee.

For ſore Breaſts.

Take the yolk of an Egg, and fair freſh greaſe, and ſowre freſh dough, and mingle them well together, and make a plaiſter thereof, and lay it to the ſore, and when it is broken do away the dough, and lay it to your Eggs and greaſe, and it will be whole quickly. Or make a plaiſter of Smallage, Linſeeds, and whites of Eggs, and lay it to the ſore Breaſts, and this will heal them; or take Claret Wine and Barley flower, and boil them together thick, and make a plaiſter thereof, and lay it to the Breaſt. This hath been proved.

To make the Breaſts ſhrink, and to heal them.

Take Hemlock, ſtamp it, and temper it with Verjuice, and lay it on the ſore Breaſts, and uſe this, and thy Paps will be leſs; and to make them whole, anoint

anoint them with it, and it will make them hard.

For a woman that lacketh milk in her Breasts.

Take of Christall ten peny weight, and make fine powder therewith, and drink it with Bastard or Muscadel five or six times, or els take of Fennel, of Mallows, of Anniseeds, of March, of each two handfulls, and seeth it in Bastard of Muscadell, and strain it, and drink it oft. If the Breast be long, and big, and great, make a plaister with Hemlocks sodden in white Wine, and lay it to the Breasts. If there be any inflammations in the Breasts, take the whites of two Eggs, and two handfulls of Houseleek, compound both together, and lay it to the Breast. If thy milk be crudded in the Breasts, take Dragagant, and Gum Arabick, and compound them with whites of raw Eggs, and the oyl of Violets, and make a plaister thereof: Or take pitch and liquefie it in the oyl of Roses, and put thereto a little Goats dung, and dregs of Wine, and make a plaister thereof

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Medicines for the Spleen.

An expert medicine for all diseases of the Spleen.

TAke the leaves and cods of Seny, the bark of an Ash tree scraped and cut, Maiden-hair, Hartstongue and Licorish, and seeth them all together

ther in clear Wine, and then ſtrain it, and drink thereof twice or thrice a day till it be amended. Or ſeeth the rhine of an Aſh in white Wine, and drink thereof, & it will help thee. Or take your own water in the morning and waſh your ſide, and a little the Stomach downward, and it will help you.

Another for the Spleen.

Take the roots of Nettles, & ſtamp them well together with Vineger, and lay it unto the Spleen when it ſwelleth. Alſo the lungs of a Fox dried and made in powder, and eat in a Fig in the morning, is very good.

For the waſting of the Spleen, and for the Dropſie, for the Water paſſage, and for the ſtopping of the Liver, and for the flower, and Emeroldes.

Take Gromell, Saxifrage, Parſly, and Sage, and boil it all together in ſtrong Ale that is ſtale, and uſe to drink hereof in the morning, at noon, and at night, and uſe theſe herbs in your pottage, and this will help you, or the powder of them in your pottage.

The Spleen is a ſpungeous ſubſtance, lying under the ſhort ribs in the left ſide, and it doth make a man to be merry and to laugh; and if a man be Spleentick, let him uſe merry company, and let him be let bloud in a vein called Salvatella *on the left ſide; ſome do uſe to let blood in a vein called* Baſilica *on the left ſide. But I ſay, that every thing that hurteth the Liver, hurteth the Spleen, and every thing which is good for the Liver,*

is good for the Spleen. And whosoever will make the hardneſſe of the Spleen whole, firſt take the marrow of a Calf, and the marrow of a Hart, and the fatneſſe of a Hog, of a Capon, of a Duck, and the oyl of ſweet Almonds, of each a like much, mix theſe together, and aneint the Spleen, and dry the Lungs of a Fox, and make a powder thereof, and eat it with figs.

Medicines for the Stomach.

THe cauſe of theſe impediments may come by anger, or fear, or by great ſtudying upon many matters, or by extreme heat or ſurfeiting, or ſuch like.

For belching.

Uſe for this diſeaſe Dietrion, Poperion, drunken in Wine, a ſcruple of each.

For pain in the Stomach.

Take a ſpoonfull of hot Ames, and dew them with good Wine, and cover them with a linnen cloth that it go round about the ſpoon, and lay it to the Stomach, or take a ſlice of bread meekly thick toſt it, and wet it in hot oyl of Camonile, as hot as it cometh from the Oven, or in oyl of Spike, and wrap it in a linnen cloth, and lay it to the pain.

Another for the ſame.

Take a dram of Galingal in powder, and give it to drink with a little hot Wine, & above all things for pain of ventoſity, a ſingular remedy is to drink a little Caſſer with good Wine.

For

For a ſtinking breath that cometh out of the Stomach.

Take three ounces of Cummin in powder,& ſeeth in Sack from a galſon to a pottle,and give the ſick to drink thereof as hot as he may ſuffer it, firſt and laſt,& without doubt he ſhall be whole within fifteen daies.

To vomit or cleanſe the Stomach.

Take three roots of Daffadils, and waſh them clean, and cut them ſmall, and ſeeth them in a cup of Ale or Beer til it be half conſumed,& put thereto half a penniworth of Saffron, and boil them together, then ſtrain and drink it after you have broken your faſt.

For wormes in the Stomach.

Take three or four cloves of Garlick every day faſting with Salt, and abſtain from meat and drink after it half an hour,and you ſhall be whole.

For him that cannot keep his meat in his Stomach without vomiting.

Take Quinces, and make them clean within and without,& ſeeth them in ſtrong Vinegar,then ſtamp them in a Mortar,& put into them a little Muſtard ſeed beaten into powder,and ſo incorporate them together, and lay it hot upon a linnen cloth, puting to it ſome powder of cloves,& lay this upon his breſt, & within three or four times doing he ſhall be whole.

For Flegme in the Stomach.

Take Beer and ſeeth it, and ſcum it clean,and put

thereto a good quanty of Sugar, then take a race of Ginger and grate it into thy Beer, and ſo drink it warm.

For Wind in the Stomach.

Take a pottle of White-wine, two penniworth of Sugar-candy, & two ſpoonfuls of Anniſeeds, and two or three roots of Parſly, & as many of Fennel & ſeeth them all together until they be half waſted, & then drink it warm as often as you will. Or take & drink Powder of Comin in Red-wine to bedward three nights to gether, and thou ſhalt be whole.

To ſtay Vomiting.

Take & make a toſt, & temper it with Vinegar and Mints, and ſo hold it to your Noſe, this ſtayeth Vomiting.

For an ill breath coming out of the Stomach.

Take the uppermoſt leaves of Roſemary, and eat two or three in the morning faſting.

For the Stomach that hath the Pipes ſtopped, and ſo the Dropſie breedeth.

Take two parts of Cinamon, and the third part of Galingal, and the ſame quantity of Ginger, and put that powder into a ſpoonfull of Hyſope-Water, and drink it faſting, and be whole.

Things evill for the Stomach.

Al ſweet things, for they make the Stomach ſwel, old cheſe, hony, marrow of bones not well ſodden, to eat e're thou art hungry, to eat many ſorts of meat at one ſitting, to drink e're thou be athirſt, to eat bread not well baked, heavineſs, anger, dread, thought,

thought; raw flesh, over-great travel, all fried meats, much bathing after meat, too much casting, to eat when thou art over-hot, and all milk is naught, save Goats milk.

For burning in the stomach.

Take Sorrel, Cinque-foil, Borage, and Violet leaves, and stamp them together, and strain them into Ale, and make a posset thereof, and drink it next your heart when you feel your self grieved, and when the heat is gone, make posset Ale of Mercury, and that will restore you to heat again, and bring you to good temper.

To make one Vomit.

Take an Oken leaf, and lay it upon your tongue the rough side downward, and hold close your mouth, and this will make you vomit. *Probatum est.*

A precious medicine for all winds in the body, the Strangullion and the Stone.

Take the root of a white Lilly that never bare flower, and bruise it, and seeth it in a pint of white Wine, and put into it two spoonfuls of Anniseeds, and Sugar, and let it seeth, till it be more then half sodden away, and give it to the sick that is in pain, and it shall soon ease him of the great pains.

A precious Powder for Digestion.

Take Ginger, Cinamon, and Gallingale, of each one ounce, of Anniseeds, Carraway seeds, & Fennel seed half an ounce, long Pepper Grains, Mace, Nutmegs, of each two ounces, of Setwel one ounce,

make all these in fine powder, & put to them two pound and a half of fine Sugar, and use this powder before meat, and after at your pleasure, from ten grains to twenty at one time, it is good to comfort the Stomach, and against Wind.

For the Stomach that cannot digest; nor have appetite to Meat.

Take and drink often Sorrel water, or Angelica water, or Betany water, or ground Ivy water, for all these are good for the same.

Medicines for the Liver.

An Ointment for the Liver that maketh good Digestion, and keepeth the body from putrifying.

Take Oyl of Roses, and Oyl of Wormwood, of each two ounces, and set them over the fire and when they begin to boil, put thereto an ounce and a half of fine Mastick, and when the Mastick is dissolved, strain it while it is warm in the morning and make a plaister thereof, and lay it to your side and be whole.

A Restorative for the Liver and the Lungs, if they be rotten, it will restore it again, and do away the Gleme from the Heart, and comfort the same.

Take Fennel roots and Parsly roots a drachm, and pill away the Bark, and pull out the pitch, and

it away, then mince them ſmall, and put into a brazen pot three quarts of water, & ſet it on the fire and put the roots therein: then take twelve Figs, & cut them ſmall, and pound them, & put a quantity of Honey to it, and let it boil a while, then take it down and clarifie it through a cloth into a veſſel of glaſs, and ſtop it faſt that no ayr go out, and let the ſick drink of it hot in the morning, and cold at night a good draught.

For one that hath his Liver cloven to his ribs.

Take a ſhelful of the juice of Betany, and a quarter of a pint of white Wine, and three or four ſpoonfuls of honey, and pepper corns, temper theſe together & drink thereof, & it will help you.

For the heat of the Liver.

Take Liver-wort, and five-leaved graſs, Succory, Endive, Bugloſs, and Borage, and ſeeth all theſe in three pints of whey, and drink of this as often as you will, and this will help you.

For one that is Liver brent.

Take a handful of Sowthiſtle, Dadelion, and Rib-Wort, and ſeeth them in three pints of water, with Licoriſh, until the one half be waſted, and drink of this at all times, ſaving at meat.

For the ſtopping of the Liver.

Take Ivy Berries, and Egrimony, Harts tongue, Liver-wort, and the Bark of an Aſh, of all theſe a little quantity, and put them to double as much Polypodion, as of any one of the reſt, & make thereof portage, broth, or ſyrope. If the Liver be obſtated,

the face will swell, and pain will be in the right side.

To preserve a man from stopping of the Liver.

Take a Fig and gross Pepper, with the crops of Time, if it be eaten two hours before dinner, and two hours before supper, it preserveth a man from opilations of the Liver. Also the Liver of a Hare dried and made into powder, is good for all diseases of the Liver.

For the Liver.

Take a good handful of Liver-wort that groweth upon the stones, and another of Fumitory, and as much of Harts Tongue, and seeth them in whey clarified, and drink it every day twice. If the Liver be hot, because of too much blood, the Patient hath red urine, hasty Pulse, his Veins great and full, he feeleth his spittle, mouth and tongue, sweeter then it was wont to be; wherefore it is good to be let blood in the Liver Vein, on the right arm, and to use Lettice or Sorrel, Purslain and Hops in pottage, and sometimes to drink of the water.

Medicines for the Iaundise.

TAke Cows milk and white Wine, of each a pint, and distil them, and keep the water that cometh thereof, and give the sick to drink thereof two ounces in the morning, two hours before meat, and likewise after supper, when he goeth to bed.

For

For the black Jaundise.

Take half an ounce of Enula Campana roots, & seeth them in two pints of milk, then take the milk & strain it through a piece of Cotton, & give the sick to drink thereof. This did help a gentlewoman that was sixteen years troubled with the Jaundise, and could not be holpen.

For children, take Turmerick and Ivory, of each two drams, of Saffron two scruples, seeth these in milk, and give it to the children that have the black or yellow Jaundise.

Another for the Jaundise.

Take an ounce of Hempseed and bruise it, and then boil it in good strong Ale or Beer, and scum it very clean, and let the sick drink of this drink, and eat the sodden seed.

For the black Iaundise.

Seeth one drachm of the inner bark of a Walnut-tree in a pint of Ale or Beer, and in the same drink quench steel, being made red hot at least fourty times, and drink of this five or six ounces at a time hot, evening and morning; this is proved excellent good. Also Goats dung, or Fallow Deers dung, strained into milk, and given to the sick, hath holpen the black Jaundise.

For the yellow Iaundise.

Take Elecampane roots, and the inner bark of a Barbery, of each six ounces; of Salendine roots eight ounces, of English Saffron the weight of a groat: seeth all these in pint of White-wine, strain it, and

drink thereof four ſpoonfulls morning and evening warm.

For the yellow Jaundiſe.

Take a prety deal of Turmerick, and the inner rhine of a Barbary Tree, and boil them in a pint of White-wine or milk, with a dock root, and ſo drink morning and evening.

Medicines for the ſide.

For Wind in the ſide.

TAke the leaves of Holly, and dry them, and make powder thereof (but do not burn them) & give the Patient thereof to drink in Beer or Ale, and it will eaſe immediately. Proved by my Lady *Coplin.*

For a ſtitch in the ſide.

Take the urine of him that is ſick, Wormwood, and Cummin, and ſeeth them well together, & by the fire therewith anoint thy ſide, & after with the oil of Bay. Alſo Endive water, water of Divells-bit, water of Mallows, and water of *Cardnus benedictus*, are all good for the Stitch.

For a ſtitch in the left ſide.

Take a quantity of Cummin, and ſteep it in a pottle of Malmſey, then take and fry them together in a Pan, and put it into a ſinnen bag, and lay it hot to your ſide, and it will help you.

Another for the same.

Take and stamp three fingers full of Wormwood, Mints, & Camomil, Mallows, red Roses, Sage, Cummin, & white bread Grumes, & boil all these in Red-wine or in stale Ale, and make a plaister thereof, and lay it the side. *This is proved.*

To know when one hath a Stitch, whether it be of the wind, or the Plurisie.

Take Wormwood, and lay it on a tile-stone before the fire, & when it is near hot, sprinkle it with good Malmsey, and put it in a linnen cloth, and lay it to when you feel the stitch: if it be but a wind, it will take it a way in two hours; but if it be the Plurisie, it will augment the pain, and then seek other remedy.

For a stitch at the Heart.

Take and distill Endive water, & when the fire is out of it, drink thereof one ounce at a time; for this wil help al Stitches at the Heart, if you wil use.

Medicines for the Plurisie.

TAke Broom Flowers, Scabius and Carduus Benedictus, of every one a like portion, mingle them together, and let the Patient every morning & evening take a good draught, & anoint the ribs with oyl of Broom Flowers, for this is good.

Another

Another ſingular remedy for the ſame.

Take three ounces of the water of Lady thiſtle, called Cardus Benedictus; one ſpoonful of White-wine & ſix inner whites of eggs well braid: mingle them together, and lay them plaiſter-wiſe upon the ribs as hot as you may ſuffer it.

Another for the ſame.

Take two good handfuls of horſe-dung, two races of Ginger in powder; then wrap the dung and the Ginger together in a linnen cloth; then put them into a pot to boil with a quart of white-wine, until the third part be conſumed; & drink thereof evening and morning; & after you have drunk the ſaid wine, cover you well, and ſweat.

A Regiment for the Pleuriſie.

The Patient ought not to drink wine, nor eat fleſh, but muſt be content to drink Tyſants, Barly-water, & weak drink; & to eat Barly hulked, & milk of Almonds clarified, roſted Apples, & great Raiſins, as long as the Fever doth laſt. And to help him to ſpit, it is good to uſe often white Pils of *Diadragaganton*, Sugar-Candy, & other things mentioned in the Remedies of the Cough.

For the Pleuriſie.

The common practice is, to let the Patient blood, & to adminiſter to him Tyſants, & to give the ſyrrup of Violets, in the which is diſſolved Caſſia newly drawn; half an ounce of Manna Elect. 1.3. give this to the Patient after he is let blood: this hath holpen many. Alſo this is very good for the Pleuriſie:

sie: Take a hollow Apple, and put therein four or five grains of *Olybanum*, and put the Apple in the hot embers, and so let it lie till it be rosted, and then give it to the Patient: this hath helpt many without letting blood. A Plurisie cometh of cold humors, and if it be not far past, give the Patient Malmsey, wherein hath been sodden Camomil, to drink; this hath helpt many without letting blood.

Medicines for the Lungs.

An excellent Medicine for the Cough of the Lungs.

TAke the Lungs of a Fox and wash them clean in fair water, and lay them in Wineter two days, and then hang them up to dry, the shortest way is to dry them in an Oven, and then take a few crops of Hysop, Elecampana roots, and a few crops of Hoar-hound, and a good quantity of Anniseeds, and a good quantity of Licoras, and an ounce of Suger-Candy, and bray all together, and searse it, and then you may chuse whether you will eat the powder in apples, in pottage, or in meat.

To make a water that is restorative for a man, that if his Lungs be wasted, will restore them again, and gather nature again.

Take Fennel roots, and Parsley roots, an handful of each, and wash them clean, and pill off the utter bark of the roots, & the hard roots that is within

in them, and caſt it away, & make the ſmall; then take a brazen pot, and put therein three quarts of water, and put the roots therein, and ſeeth it over the fire: then take Figs and mince them ſmall, and Licoras ſmall, and put them together, & make them boil well; then take Sorrell and ſtamp it, and put it thereto, and let it boil well, and then take it down and ſtrain it through a cloth into ſome Veſſell of earth, and ſtop it well & faſt that the breath go not out, and let the ſick drink thereof, hot evening, and morning cold.

For the Cough of the Lungs.

Take a handfull of figs, and ſeeth them in Ale or Beer until they be ſomwhat tender; then ſlit them aſunder; and put them in a linnen bag, and ſo lay them on your Stomach warm, & when they be cold, warm them again in the ſame liquor.

To comfort the Lungs.

Take and diſtill our Lady Thiſtle, and drink the water thereof twice a day, and it will confort the Lungs. Alſo the water of Chervel doth the like.

To open the Lungs.

Take Hyſope water, & drink thereof twice a day, evening and morning at each time one ounce and a half, or two ounces, and it will help you.

For the Impoſthumation of the Lungs.

Take & drink water of Comomil, twice a day at each time an ounce, and it will help the: fennel water will do the like. Approved.

For

For heat or drought in the Lungs.

Drink water of great Plaintain twice a day, and it will kill the heat of the Lungs. Water of blue Violets doth the like.

Medicines for the Heart.

For trembling of a Heart without a fever.

Take the maw of an old Cock, dry it, and make powder thereof, and drink the same powder in red Wine or sweet Wine, for it is very good; put a little Saffron thereto.

For the Heart that beateth or trembleth in mans body, and cometh of thought.

Bray Coral in a Mortar of brass as small as you can, then searse it, and mingle it with Sugar very fine beaten, use to take of this powder in Borage water or Syrop, first in the morning, and last at night, and it will help you.

A good medicine for the heart, and Swooning.

Take the powder of Cloves with the juice of Borage, a spoonful at a time, and it will help you. Also the powder of Ginger, and powder of Cammin put in meats, is good for the same.

A comfortable medicine to restore the spirits of the heart, and to mend the disposition of the Etick or Consumption, as followeth.

Take a quarter of an ounce of Gold foyl, and half an ounce of *Manus Christi*, beat them in a mortar

morter together until none of the Gold be seen, & keep it until you have need to use it, which must be in manner following: Take a quart of pure Rose-water, & boil it with two ounces of Penidos, keep it in a fair glass, and when you wil use it, take in the morning half an ounce of the foresaid Powder, and put it in your mouth, and drink it down with five or six spoonfuls of the foresaid water.

For swelling or rising about the Heart.

Seeth Oyl Olive by it self, then take as much Honey, and seeth it by it self, then seeth them together a little while, and when it is cool, put it in a box, and this is very good for the heart.

For fatness about the Heart.

Take the juice of Fennel and Honey, and seeth them all together, until they be hard, and then eat thereof evening and morning, and thou shalt be whole.

To put away venom from the Heart.

Take *Bolearmoniack* and *Sanguis Draconis*, of each three ounces, and of the best Cinamon four ounces, and mingle them all together in powder, and so receive it, and it will put away venom from the heart.

For gnawing about the heart.

Take Sage leaves, and as much Yarrow, and grind them together, and temper them with Ale, and then strain and drink thereof.

Things good for the heart.

Saffron, Borage, Harts-horn, Mustard, Cloves,

Ga-

Galingale Nutmegs, Red Roſes, Violets, Mace, Sugar, good Wine moderately taken, Mirth, and good air: that day you eat of Piony, or drink thereof, you ſhall not ſwound.

Againſt Swounding.

Borage eaten with fleſh, or in pottage, i them that fal in their Swounding, or be heart, or have Cardiack Paſſion at the hea

Againſt Swounding.

Take water that Roſes hath been ſodden the Powder of the ſame, with a raw egge: Roſe-water, that ſweet Water hath been ſo this is very good.

Medicines the Belly.

To diſſolve a hard Belly.

TAke and ſtamp Mallows and Mercury together, and make a plaiſter thereof, and lay it to thy Navell, and it ſhall diſſolve the matter in the womb in ſhort time. Or take the juice of Rue and drink it, with ſtale Ale, or Wine, or fair water, and uſe to drink of this, and it will help thee in ſhort time.

For any hard belly that is ſore.

Mingle Pennyroyall and Ginger together, and bind them plaiſterwiſe to thy Belly, and be whole.

For Diſeaſes of the Belly whatſoever they be.

Take Wormwood, Rue Motherwort, Lavender, Cotton, & the gall of an Ore, Cow, or Calf, ſtamp the

the herbs, & put the gall thereto, and lay it to the bottom of the Belly, and be whole.

A Drink to destroy all evils in the Belly or Body within fifteen daies

Scabias, Mugwort, Smallage, Devills-bit, Wormwood, Fumitory, Fetherfew, and of each a like quantity, stamp all these, them in White-wine, and clarifie it with f Eggs; drink of this nine daies, and be

Medicines for the Collick.

For the Collick.

TAke Winter Sav[illegible] amp it and strain it with strong Ale; d[illegible] warm, and immediately the pain will cease, as if it were sweep'd away. There have been divers helpt with this, which have had such pain with the wind-collick that they have swouned severall times in a day. Also a cupping-glass set upon the top of the Navel, is a present remedy. Also Camomil, Rosemary, Sage, & Salt roasted under the embers, & laid to the Navel is present remedy, Emmets eggs dried in an oven, made in powder & drank, helpeth the wind-colick immediately. *For the Collick of the Stomach see after.*

For the Strangullion.

Cut off the top of an Onyon, & take out the core, then put into the place a pretty quantity of this powder

powder following. Take Betany and Centory of each a like quantity, and make powder thereof, putting in a little Butter; then put on the top again, and put it in hot embers and roſt it, then lay it to your Navel as hot as you may ſuffer it, and be whole.

To make a precious Water for the Strangullion.

Take a peck of Hawes when they be ripe, and half a peck of Hips, and beat them in a morter to powder, then take two gallons of Lees of Malmſey or Sack, a Penniworth of long Pepper, and a half-penniworth of graines, put all theſe together and diſtill them in a Stillitory or Limbeck, take the water thereof and drink it lukewarm firſt and laſt.

For the Collick, a precious medicine, proved.

Take three fingers full of Saxifrage, Maidenhaire, unſet Time, and Parſley ſeed, and ſeeth all theſe together in Malmſey, ſtrain it and drink it warm. Or take Time, Mints, Woodroof, Vilipendula and Setwell, make pottage herewith, and you ſhall find great eaſe.

For all evils within the Bladder.

Take an handful of fennel ſeeds, parſley ſeeds, bruiſe them & temper them with three pints of fair running water, and drink this firſt and laſt at your pleaſure.

For one that hath much wind in his belly.

Take Junipe berries ere they wax black, and dry them in the air, and keep them all the year, and uſe twenty graines of the powder thereof in your drink and pottage. Or take the roots of Elecampane, the roots of Pellitory of the garden, and Fennell roots,

of each a like quantity, and as much of Sothernwood, wash them, and bray them a little, and seeth them all together in a gallon of Wort, and drink thereof.

For the Collick.

Take flower and Ale, and drink it unsod, with a little Sugar, and this will make you go to the stool, and ease your Collick and Strangullion.

Or take Hempseed and dry it, and make powder thereof, and let the Patient drink it, with Ale or Wine: Or take Dill seed, Anniseeds and Cummin, of each a like quantity, beaten into fine powder, eat it in your pottage and it will help you.

A Soveraine Medicine for the Collick and Stone.

Take Parsley seed, Fennel seed, Anniseed, Cummin seed, Plantain seed, of each of them a quarter of an ounce, an ounce of Nutmegs, foure ounces of fine Sugar, beat all these seeds into powder and searse them, and let the Sugar be beaten with Ale; then take of the powder as much as an Hasell nut, and let the Patient use to drink thereof morning and evening four times a week warm with wine or beer, (but Wine is best) and when the pain cometh drink it with Malmsey.

Another.

Fry one handfull of Pellitory and Butter together, and bind them to thy Navel, and this will suddenly cease pain. Or take a Lapwing and burn her in the fire feathers and all, then take twenty raines of the ashes of her, and give it the Patient to drink with

Wine

Wine somewhat warm, and this will ease the Collick.

For the Collick of the Stomach.

Take of Broom seeds a spoonfull and a half, so many Barberries with the hulls off, and half a spoonfull of Annis seeds, and a quarter of a spoonfull of Licoras, and as much white Sugar Candy, of all these beaten together into powder, take a quantity first in a morning and last in an evening.

Medicines for the Wormes.

TAke and eat Garlick, and it will kill all wormes in mans belly. Or take of the juice of Lavender-Cotton, and put to it the powder of wormseed, and drink it three times every morning fasting, but drink not in an hour or two after, and this will destroy the Wormes.

For Worms in young Children.

Take Setwell (you must buy it at the Apothecaries) and make it into fine powder, and give the child to drink as much as a small Walnut in a cup of Malmsey, and it will destroy all wormes. Or, Take Garlick, Wormwood, Mints, Fetherfew, Tansey, and stamp them altogether with the gall of an Oxe, then fry them together & put them in a linnen cloth, and lay them to the Navell as hot as may be suffered, or seeth them in Vinegar and lay them to likewise. Or

or take gall of a Bull, and dip ſome Wool therein, and lay it upon the Navell of the child, and it will make the wormes come forth. Or take Honey, and ſpread it on a toſt of bread, and caſt good worm-ſeed thereon, and give it the child faſting.

Wormes in the Belly.

Take the pils of Oranges, and dry them, and make them in powder, and drink it in Malmſey or ſtale Ale, there is nothing better.

Medicines for the Guts.

For the Guts that fret.

TAke twelve leavs of Rue, nine peppercorns, and as much Dill-ſeed as thou may'ſt take up with thy two fingers; ſtamp them and temper them together with faire water, and it will help thee.

For wind in the Guts.

Take Honey, pitch, and Bitter, and ſeeth them together, and anoint thy belly therewith againſt the fire.

For pain of the Guts.

Take Tanſey, Rue, and Sothern-wood, and eat it with ſalt faſting, and be whole.

For the cough in the Guts.

Take the water of Flower-de-luce, and drink it luke-warm twice or thrice a day, an ounce at a time. Alſo water of Cammomil doth the ſame, drunk

drunk as aforesaid: The water of Vine leaves is good against stitches, and also against Impostumes in the Guts.

Medicines for the Navel.

A plaister for the swelling of the Navel.

TAke Cowes-dung and dry it to powder, Barly flour, and Bean flouer, of each a portion; the juice of Knot-grass a good quantity, and of Cummin a little; make a Plaister of Ale, and lay it to thy Navell, and it will heal thee. Or take Cowes dung and seeth it with the Milk of the same Cow, and lay it on the grief; this is also marvellous good for a sudden Ach, and swelling in the Bag.

For a Childs Navel sore with crying.

Take a little Bean-flour, and the ashes of fine linnen clouts burned; and temper it with Red-wine and Honey, and so lay it to the sore.

Medicines for the Back.

For the weakness of the Back.

TAke flour of Barly and Beans, and one ounce of oyl of Roses, the yolk of an Egg; and make a Plaister thereof, and lay it to thy back in the day time, and it will doe

you much good. Or take flower of fine Rice, and Wheat flower, and Temper it with Claret wine and Sugar, and put thereto a little of the powder of Clare, and Nutmegs; and make a Cake thereof, and bake it well, and eat thereof; this is good. Eat it in a morning, of as oft as thou haſt a deſire.

For the pain of the Back.

Take freſh Cow dung, and fry it in Vinegar, and make a plaiſter thereof, and lay it to thy back; and within four or five times dreſſing thou ſhalt be whole.

For pain in the reins of the Back.

Take and ſeeth the leaves of red willow, and as hot as the ſick may ſuffer it, lay it to the reins of thy back, and within four or five times dreſſing thou ſhalt be whole.

Medicines for the Flux of the Belly.

To reſtrain the Flux, whatſoever the cauſe be.

TAke the piſſe of an Hare, and dry it, and make powder thereof, and drink it: Alſo the water of Oken-buds, or the very Acorns dryed and made in Powder, and drunk with Red-wine, is very good: Alſo the maw of a young Leveret is very good, drunk with the juice of Plantane.

A good medicine for the bloody-flux.

Take a penniworth of Honey, and a penniworth of Wheat-flower, and three ſpoonfuls of Chalk, and the yolks of five Eggs, and half a penniworth of ſaffron, and

and make a Cake thereof, and eat thereof four daies, and be whole. Or take the root of the red Nettle, and ſtamp it, and delay it with water or Ale, then ſtrain it and drink thereof, and be whole for ever.

For all manner of fluxes that be curable.

Take the ſeed of Plantane, and the bloſſomes of Red-roſes in powder, of each alike, and give the ſick half a ſpoonfull at once with warm whey, firſt and laſt three daies together, and it will heal him. Or take and drink the water that ſtone hath been ſcalded in firſt and laſt, and be whole.

To ſtop a Lask in Children.

Take a dram of the ſeeds of Plantane, and make powder thereof, and give it to the Child to drink in Red-wine, or in Ale, and it will ſtop the flux: Proved true. Or take Almonds and blaunch them, and fry them in a pan, and eat them divers times in a day. Alſo the dung of a ſtoned Horſe that goeth to houſe, fryed in Malmſey, and laid to the Navel, will ſtop a Lask.

To ſtop the bleeding of the Fundament.

Take Aloes and Mirrh, of each alike, and make them into powder, & with a little Oile of bitter Almonds anoint the ſore, and caſt the Powder thereon, and put upon the Fundament with a hot Scarlet cloth, and this will help thee.

To make a man have a Lask.

Take Salt and Soap, and lay it to thy belly plaiſterwiſe; and it will make thee have a Lask ſtraight, Or take the gall of an Ox, and anoint thy belly and

ſtomach therewith, and it will make thee Laxative.

To keep a man Laxative.

Take Mallowes and Mercury a good quantity, and ſtamp them together, and fry them with May butter, or freſh butter; and then ſtrain it and keep it in a Box, and anoint your belly therewith evening and morning, and it will keep you ſoluble.

For the bloody-flux.

Take the jaw-bones of a Pike, and make powder of them, and eat of the powder dry, or take it with Red-wine firſt and laſt, and it will ſtop the flux; for it hath holpen, when nothing elſe could help.

Another for the ſame.

Take red Beans and boil them in Red-wine, till it wax thick, but firſt diſſolve a little Allom in the Wine; then let the Patient eat of this evening and morning, and drink nothing but Red-wine after it; this did help a man that had the flux a great while on him. Or take an old Apple, and pull out the core, then put into the Apple a ball of Virgin-wax; then roaſt it in the embers and eat it; this will ſtop the flux: *Probatum.*

To avoid bruiſed blood.

Take Nepp, and drink the juice thereof with Wine or Ale, eight or nine times, and this will cauſe it to avoid downwards, although he had it twenty times.

A

A gentle Purgation to be taken at all times without fear.

Take two ounces of Syrop of *De radicibus*, and Manna one ounce, mingle these with five ounces of the water of Bugloss, and he shall have a Lask without peril. Or take a little clarify'd Butter, and put it in Ale luke-warm, and give the Patient to drink thereof; and it will make him go to stool.

Medicines for the Stone.

A Medicine for the Stone, tryed by Master Hide of Narbury.

TAke four handfulls of Prosper, six handfulls of Parsley and Parsleyroots, two handfulls of Grommel, or for want of that, some Grommel-seed, the quantity of an Egg-shell full; two handfulls of Philipendula, three handfulls of Betony, four handfulls of Mousear, one handfull of Centaury with Mast, begotten between the two Lady-daies; two handfulls of Cherry-stones, three handfulls of Brierheps, threescore inner-skins of Pigeons gissarens; let them be washed and hanged upon a thred till they be dry, so as they may be knocked to powder, as also the Heps and Cherry-stones must be dryed in an Oven or before the fire, the other herbs in the Summer; the Heps, Cherry-stones, and Gissarens must be knocked

knocked to powder every one ſeverally by themſelves, the other herbs muſt be rubbed to powder; then blend them all together and ſift them through a fine ſieve; and take every morning and evening a quantity of half a Nutmeg of the ſame powder, and put it in a ſpoon, and blend a little Beer or Ale, and ſup it, and drink after it; and uſe this till you find eaſe.

An excellent Medicine for them that have the Stone.

There grows in the Gall of ſome Oxen a certain yellow ſtone ſomtimes in bigneſs of a Walnut, ſomewhat long and brittle; if you take that Stone and make it to powder, and eat of it in your pottage the weight of a ſcruple or more at a time, according to your ſtrength, it is a ſingular thing for them that cannot make water, and for ſtopping of the Conduits.

For the Stone and Strangullion.

Take a handfull of Chickweed, and as much freſh Butter as a Walnut, and half ſo much black ſoap, and ſtamp them all together in a morter, and then fry them, and lay them plaiſter-wiſe to thy Navel, and this will make thee void the Stone without any pain. And for the Strangullion, take the bone that is in the piſſe of a Weaſel, and dry it, and make powder thereof, and uſe to drink it with Ale or Beer, and be whole.

For the Stone, that never faileth.

Take Barley Malt, and pick it very clean, and then

then grind it, and make thereof good wort, and put into the ſaid wort a good quantity of Cherry ſtone kernels, and Gum that groweth on Cherry trees, and boil the wort and the Gum together, untill half the wort be conſumed; then ſtrain it, and put it in a fair Veſſel, and uſe to drink thereof morning and evening, and be whole on warrant.

Another for the ſame.

Take the Urine of a Boar, and give it to the Patient to drink; and it ſhall drive out the Stone whereſoever it be. This medicine did a Lady uſe for the beſt medicine that ever ſhe knew.

Another for the ſame.

Take the blood of a Fox, and anoint the ſide that is ſore, and the Stone will break to powder, and go away if you uſe it. Or take the blood of a Fox with White-wine, and it will break the ſtone haſtily.

To break the Stone in the Bladder.

Take a great flint ſtone, and lay it in the fire untill it be as hot as fire, and then put it into ſtale Ale, and drink thereof at evening and at morning, and it will break.

A ſoveraigne Medicine for the Stone.

Take the blood of a Fox, and anoint thy Yard therewith, and this will break the Stone in the bladder; and to try the goodneſs thereof, put ſome ſmall ſtone into the Fox blood, and it will break it. Or take a great root of radiſh, and pare him, and cut him into fifty round peices, and put them into a diſh, and put thereto honey enough, and let it ſtand all night;

and

and on the morrow eat nine peices, and the next day eat eight, and then seven, and so abating one every day till all be eaten; and this will break the Stone.

A proved Medicine for the Stone.

Take one dram of true black jet, and beat it to powder, and searse it, then take Bees (stings and all) and dry them in an Oven, and make powder thereof, and drink it in half a pint of White-wine, and the Jet together; and if you put the seed of Burre made into powder into it, it will be the better: And for lack of Bees, and Burseed, you may use to drink the Jet alone. This medicine is well proved, and if you use it, it will help you.

A Medicine for the Stone, oftentimes proved.

Take green Samphire as it groweth, and make powder thereof, and let him that is troubled with the Stone, drink every week of it, whether he feel pain or no, and in short time it will rid him clean of the Stone; this powder is best to be drunk with White-wine.

For the Stone.

Take the Acorns that grow on an Oak, and dry them; and make powder thereof, and drink it in the morning fasting with Rhenish wine and sugar; take twenty graines at a time; and this will break the Stone.

A most approved Medicine for the Collick and Stone, by the most learned Physitian, Doctor Gynello.

Take a quantity of wood Betony, and dry it to powder, and a quantity of the roots of Elicampane, and dry them into powder, and boil them with a little Sugar plate in a quart of Red-wine unto a pint, and drink it hot in the morning fasting, before the Sun be up, and in the evening after the Sun is down; use this three times, and it will help thee God willing.

A speciall Medicine for the Stone, of Doctor Leuckner *his Experiment, as followeth.*

Take the green weed that cometh from the Sea amongst the Oysters, and wash it very clean, and dry it as dry as you can, and make it into fine powder, and drink it fasting with Malmsey, and it will break the greatest stone that is.

For the Stone.

The best thing that is to dissolve the Stone in man or womans body, is the Oil of Crystal, being dulcified by Chymists, and given to the patient, a dram at once in White-wine or Rhenish Wine a good draught: for if you lay a stone in the Urine which the Patient voided, afterwards it will dissolve him in twelve hours; and the same Oil will also heal any green wound or sore with great expedition. There was a man the which was sore grieved with the Stone, who was holpen with this drink following. Take the blossomes of Hawes, and distil

diſtil them; then take the water thereof and ſeeth i and put therein Crommel-ſeed, Saxifrage-ſeed, a Parſley-ſeed, of each an ounce, of Goats bloo Hares blood, and Fox blood, of each of them ſeve Drams; ſeeth all theſe in a quart of the water, i a cloſe pot of Pewter or earth, in a Kettle of wat the ſpace of ſix hours: then ſtrain it, and drink there every day: This is an excellent thing.

To deliver the Stone, a medicine that never fails.

Take the roots of red Nettles, and waſh then clean in many waters, and then bray them ſmall, an lay them in Red-wine twelve hours; then give th ſick thereof to drink ſix ſpoonfuls of the liquor, an let him reſt on a bed three hours; and then give him twelve ſpoonfuls, and three hours after give him twenty ſpoonfuls, and anon he ſhall make water, and deliver the Stone. Or take white Thorn buds in May and diſtil them, and take a pint of the ſaid wa-ter, and half a pint of Malmſey, and boil it a little at the fire, (but if you put in a little Honey withall, it will be the better) and then drink it to bed-ward; Proved by Maſter *GAGE*.

To break the Stone.

Take one dram of a Jet-ſtone, and two races of Ginger, and three ſhells of Eggs, hatched under a Hen when the Chickens be out; (but firſt take away the filme of the ſhells) and put them altogether in a Morter, with the peice of a ſtone that cometh out of an Ox gall, or with Parſley-ſeed if you cannot get the

the ſtone; and make powder of all theſe together, and drink of it with warm Ale in a ſpoon as often as you ſhall think good, twenty grains at a time, and it will break the Stone, and eaſe you of the Collick, and cauſe you to make water eaſily.

An excellent Medicine for the Stone.

TAke Selgreen, Plantain, Fetherfew and Tanſey, and pound them all apart, and keep every Liquor by it ſelfe in a glaſs; then take of each of them alike quantity, and boil it with Bean-flower and Honey to make it plaiſter-wiſe; and then take a double ſwadling-band of linnen cloth, and ſpread the plaiſter thereupon, and ſo lay it to the pain, and round about the back, and uſe it ſo a fortnight or three weeks; for this is a ſpeciall good Medicine, and well approved.

Another for the ſame.

Take a Goat, and keep him three daies faſting, then put him in a Tub full of holes, and the fourth day give him nothing but Crommel, Parſley, Alexanders, Salendine Saxifrage, Hawberries, and Watercreſſes; and make him to lick prepared Salt, and give it him with wine to drink; and ſo keep him with that food a whole week in the foreſaid Tub; and all the water he maketh you muſt through the holes of

the

the Tub receive it into some vessel; then take this water, and put thereto Holly Berries, Ivy Berries, and Haw-thorn Berries, of each half a handfull; of Juniper Berries, of flowers of Starewort, of Crasfoot, of each half a handfull; of the seeds of Parsley, Saxifrage, Elysander, Radish, Philipendula, Nettles, the Berries of Kneeholm, Asparagus, Fennel-seed, & Anni-seed, of each half an ounce; of the roots of Kneeholm of Asparagus, & Water-cresses, of each of them four ounces; of Grommel-seed & Smallage seed eight ounces. Bruise all these seeds smal, and chop the herbs, and put them into the foresaid Goats water the space of 12 dayes in some warm place, stirring them every day two or three times; then put them together in a Still, & hang in the mouth of the Still a little Musk, Cinamon and Cloves, because of the loathsomness of the Goats water; and so distil the water, and give the Patient that hath the stone three ounces at a time: this is the most Soverain water can be found, for it melteth and voideth the Stone without pain: This holp a Scholar at *Eaton* College, whom all the Physitians gave over as one incurable.

Of the Stone.

The Stone is engendered by reason of a great heat that is about the reins, straightness of the Conduit, and abundance of grosse and slimy humors; or Brent-choler, which by the said excesse of heat, is (as one would say) baked or dryed as Clay in the Furnace, and so at last becometh a hard Stone. Therefore it is chiefly to be noted, that without the mending of the

foresaid

foresaid causes, all that you do minister to break the Stone, is either hurtful to the Patient, or else to small effect; therefore it is good to keep a lower diet. And note, that alwaies whatsoever they be are nought in this case: All kind of Pulses as Pease, Beanes, and such like; all grosse flesh, water-fowls and fowls of great bodies, and all fruits (except ripe Prunes) are nought, and all Shel-fish, except Crevise and Shrimps; also all Pepper and hot spices, and all meats salt or sowre; but especially beware of hard Cheese, for that's oftentimes the onely cause of the Stone; and you must not lie on your back, and you must keep your Reins cold, and let your back be untrussed in the Summer.

A present remedy for the Stone.

Take a penniworth of parsley seed, and a penniworth of Coriander seeds, and bruise them, then boil them in a pottle of Rhenish wine till it come to a quart; then take to that 12 bones of a whitings head eaten small, with a little Sugar, and put a little thereof at a time in some of the said wine, and drink it morning and evening: if it work not, put a little Comphrey seedes beaten into it.

An approved Medicine for the Stone and Strangury.

TAke most of Licoras, then Anniseeds, Coriander, Grommel, Fennel, Parsley, and Alicander-seeds:

then dry all these seeds and pound them severally by themselves; and note that Licoras, Anni-seeds, and Grommel-seeds be Restoratives; and when they are all in powder, mix thereto powder of Sene, to the quantity of one half of one parcel of the scowrers; also mix thereto with Sugar-candy, to the quantity of your Licoras, with a Nutmeg or two; use this powder fasting in clear Ale, in your Broths, and all suspected meats.

Remedies for a Mans Yard.

IF this Impediment be of any internal cause, use to drink Milk, or else drink oft a good portion of the water of Hawes, and inject into the Yard the water of Comphry, if the Impediment be betwixt the head and skin of the Yard, wash the head of the Yard divers times with White wine, and after that use the powder of a rotten Post, or any siccative Medicines is good; or else *Populion*, or *Unguentum ei Epsiacum* is good.

For the Erection of the Yard above Nature.

Take first and anoint the Yard and Codds with oil of Juniper, and the oil of Campheret is good, and so is *Agnus Castus* braid and made in a Plaister, and laid upon the Stones.

This Impediment doth come of the inflamation of the Reins of the back, or of inflamation of the veins of the Yard and Stones, or of too much use of Venerious acts.

To heal a Mans Yard that is ſore.

Take Turpentine, and the yolk of an Egg, of each like much, well beaten together with Saffron, and anoint the ſore Yard therewith. Or take & ſeeth the powder of Linſeed in ſweet milk till it be thick, and lay it to the Yard plaiſter-wiſe, and anoint it with the juice of Sorrel and Plantane, and be whole.

For the ſwellings in a mans Yard.

Take Leeks, with the tails, and waſh them clean, and ſtamp them, and fry them in Barrows-greaſe, and make a plaiſter, and lay it all about the yard, and be whole. Or take Betony, and ſeeth it in Wine, and ſtamp it, and make a Plaiſter, and lay it to the Cods, and it will aſſwage the ſwelling of them; this is well proved.

For pain in mans Yard through Gravel or Champiſe, as followeth.

Take Pellitory, and Boares-greaſe, and fry them together well, and make two Plaiſters thereof, and lay one between the Navel and the Yard, and the other on the Reins of the Back, and anon thou ſhalt deliver water and gravel, which before thou mighteſt not do but by drops; this will help thee without doubt.

To make a water for a ſore Yard.

Take and put Allom in fair water, and ſeeth it till it wax tough; then put it in a pewter Box: this will anſe a ſore, and make it fair.

For burning with a Harlot.

If a man be burnt with a Harlot, and do meddle with another woman within one day, she shall be burned: If one be burned, let him wash his secret two or three times with Whit-wine, or Sack and water; but if the matter have continued long, go to some expert Chirurgion to have help, or else thy Guts will burn and fall out of thy belly.

For a mans Stones that hang down long.

Take the fatness of a House-coney, and anoint thy Cods and Stones therewith, and then wrap thy Stones in a Coney-skin; do this nine times, and labour not in nine daies, and be whole.

For him that cannot make water.

Take Rue, Grommel, and Parsley, and stamp them, and mingle them with White-wine, and give the sick thereof to drink warm. Or take the juice of Cinquefoil, and drink it with Posset-ale, and it will make you make water anon.

For one that cannot make water.

Take the stones and Kernels of Peaches & Medlars, as much of the one as of the other; and make them into powder, very fine, and searse them; this done, take fine Sugar, the weight of all this; and mingle all this together, and let the Patient drink thereof with good White-wine, and he shall be whole incontinent.

To make one make water.

Take six or seven Berries of Ivy, and stamp them, and straine them with Ale; and give the sick to drink

drink thereof, and he ſhall make water ſtraight.

To make one make water.

Take a pint of good Ale, and put therein of Honey, even as it cometh out of the Hive, with Bees, wax and all, and ſtraine it with the Ale; then give it the Patient to drink, and within one quarter of an hour he ſhall make water; with this was one holpen that lay three daies, and never made water.

To make one make water eaſily and ſpeedily in great quantity.

Take Mother of time, Parſley and Parſley ſeed, a like quantity of each, ſeeth them in a pint of White-wine, to half a pint, and give that to the Patient to drink; pour out the drink from the hearbs and the ſeeds, and then drink that blood-warm.

To make one make water.

Take a pint of White-wine, and a good ſpoonfull of Sivill Soap, finely ſcraped, and the yolks of two Egges well put from the whites; beat all theſe together with the Wine, and then ſtrain it, and warm it luke-warm, and drink thereof as often as you ſhall feel pain, and this will help you; for it is well proved.

A Medicine for the Scyatica.

THis Infirmity commeth of hard lying on the Huckle-bones, or lying upon the ground, or upon a form, or such like; it may come by a stripe or a fall, & it will run from the Huckle-bone to the knee, and from the knee to the anckle, and from the anckle to the little toe, and then it is past cure; and otherwhiles this Gout will have a reflection to the Reines of the back, and to the flank; and it may come of a gross Flegmatique humour.

The chiefest remedy is, to anoint the place with oil of Turpentine, and Aqua vitæ compounded together, and use to anoint the place often against the fire, and a fear-cloth of pitch is good.

For the Scyatica.

Take oil of Olive, May butter, gall of a Bull, and red Onions, and boil these together, and lay it to the hips where the pain is; this is a good Medicine. Or take a red cloth, and anoint it with clarified Honey; and thereupon strew the powder of Cummin, and as hot as you may, bind it to the sore, and be whole.

For the Scyatica in the Hip.

Take a Pottle of wine Lees, and wine dregs, and sowre bread, and Cow-dung, and boil these well together, and make a plaister thereof, and lay it to the pain as hot as you may suffer it, and this will heal you.

For

For the Scyatica Passion.

Take a gallon of Urine, and seeth it well, & scum it well, untill it be cleer; then take it down, and let it stand untill it be cold, and then put the cleer thereof into a fair Pot, and put away the dregs, and then take the same cleer Urine, & put it over the fire, and put therein a quart of black dew-Snails, and boil them together, untill the Snails be wasted, then strain it through a hair five, and keep the same liquor in an earthen pot, and anoint the hip and the leg therewith before a hot fire, and let the liquor be warm.

For all manner of Gouts, and consumed members, and for the Scyatica passion.

Take a pound of Roots of red docks that men make brogys off, and wash them clean and dry them in the sun, untill the water be away, then cut them small, and bray them in a morter, and boil them in a quart of strong vinegar, untill half be wasted; and then with the same anoint the aking place, & it will amend: then keep it in a vial of glass; or else it will dry away. This Medicine is very excellent for the diseases above written, for it hath been very well proved.

Medicines for the Fundament.

A Remedy for falling out of the Fundament.

First, beware of taking cold in that place, and beware of costiveness, and keep your Arse and buttocks warm, and sit not upon the cold earth, nor upon the stones, nor upon a hard thing, but take something under thy buttocks, not onely for falling out of the Longation, or argut, for all other infirmities that may be engendred in the Longation.

For the figge in the Fundament.

This impediment is an impostumation or lump of flesh growing in the Longation, and it doth come of melancholy humours, the which doth descend to the Longation, or fundament; and for remedy, purge the matter with confection of Hamech, or with the pills of *Lapides Lazuli*, or with *Vera Rufini*; then take the powder of a dogs head burned, and mix it with the juice of Pimpernel, and make tents, and put into the fundament.

For him that his fundament goeth out.

Take bay leaves, and boil them in a pot of water, and as hot as you can suffer it, you must sit over it, to the intent the fume of the water may go up into the body, and with your finger put it up by little and little, and when it is hot, heat an Oaken board, and sit on it as hot as you can suffer it, and it will help you.

For

For the falling of the Fundament.

Take a red Nettle and bray it well, and put it in an earthen pot, and put thereto a good portion of White-wine, and ſeeth it untill it be half waſted, and of the liquor give the patient to drink firſt and laſt warm, and lay the herbs to the fundament as hot as he may ſuffer it, and uſe this and be whole.

Medicines for the Piles and Emeroids.

THe Emeroids or the Piles, the which be the veins in the extream parts of the Longation, to whom doth happen divers times two ſundry paſſions; the firſt is like paps and teats, & they will bleed, & they be the very Emeroids; the other be like warts, & they will itch, water, and ſmart, and they be called the Piles: and in the ſame place doth breed other infirmities, as is aforeſaid. The cauſe of this Impediment doth come of malicious humours in the Maw and Entrails, or it may come of a cholerick humour.

For the Piles and Hemeroids.

Take a pint or a quart of Linſeed Oil, and put into it as many Cray-fiſh alive as it will hold, then boil them a quarter of an hour, then ſtrain the oil from them, and let them be very well beaten in their ſhels in a Mortar, and then put them into the oil again, and let them boil as formerly, then ſtrain them hard from the oil, and caſt them away; then

then fill the oil with as many of the young tops or tender buds of Elder, or the young freſh leaves, and let them boil in them till they begin to be criſp like fryed Parſley, then ſtrain that very hard from the Elder, and reſerve that for an excellent medicine to anoint the Piles: or moiſtning a little Cotton, keep it cloſe truſſed up, and it will quickly help them. It is alſo a ſoveraign medicine for any Burning or Scalding.

For the Hemeroids.

Take an onyon, and cut off the top thereof, and take out the heart of the onyon, and fill up the place with the juice of unſet leeks, and then roſt it in the fire, and with the juice thereof anoint the ſore, and lay all hot thereto. Or take bran of wheat, and fry it in ſheeps tallow and put it in a bagg or pocket, and lay it to the ſore, or let the ſick ſit thereon, and this will help you.

For the Piles.

Take Scabius, and boil it in water untill the water be conſumed alſo, and let him that is ſore, hold his fundament over the fume of the ſaid water as hot as he can ſuffer it, and be whole.

For the Piles.

Take aqua vitæ cold, and waſh the piles therewith, and take cotten linnen and burn it, and lay the powder thereof to the piles upon a linnen cotten cloth as often as you be grieved. Or take wormwood and grind it in a morter ſmall, & then fry it in oil olive, and make a plaiſter thereof, and lay it to the ſore as hot

hot as you can ſuffer it, and this will ceaſe the bleeding and aking.

For the Hemeroids that have paps.

Take and bind about the pap a red ſilk thred, and cut away the pap above the head, and leave the thred faſt, and lay a plaiſter of wormwood upon the ſame, and this will heal it, *Probatum eſt.*

For the Piles.

Take a quart of White-wine, and the tops of Elder buds, and Honey, and boil them well together, then ſtrain them, and waſh the place therewith, and this will heal you in ſhort ſpace.

For the Hemeroids.

Take the juice of red Nettle leaves, and a little Deer ſuet, and heat them together in a Sawcer till it be ſomwhat green, and anoint the place with it.

For the Hemeroids, an approved Medicine.

Take a gray Cat, and cut her Throat, and ſave her blood; then flea her, and roſt her, and ſave the greaſe, then fry the greaſe and the blood together, and lay it to the ſore thrice, as hot as the Patient can ſuffer it, and it will help him.

An excellent Medicine for the Hemeroids, or Piles.

Take & ſtamp Dandelion and Daſies together, and ſtrain out the juice thereof into good Ale, and drink thereof, and it will help thee.

A Gliſter.

Take of Endive, of Succory, of Violet leaves, of each a handfull, of Cummin ſeeds, and Anniſeeds being

being bruiſed ſmal, of each a little, boil them in ſufficient water as will boil them tender, then ſtrain the herbs from the liquor, and take three parts of the water, and one part of milk, putting into it a little ſalt, a ſpoonfull of Honey, and as much Oil Olive: if you will make it ſtronger, you may put in an ounce of *Caſſia Fiſtula* extract.

Medicines for the Thighes that be ſtiffe.

TAke Brooklime, Horehound, herb John, Sheeps Tallow, Swines Greaſe, and a horſe tird that is new made, beat it altogether, and lay it to the ſore.

For aking of the Bones of the Thighes.

Take a pint of White-wine, & the Gall of an Ox, and boil them well, and ſcum them clean; then take crums of white Bread and put thereto, and make it in a plaiſter, and lay it to the ſore two or three times, and be whole.

To knit the ſinews and veines of the Thighes, or elſewhere, when they be broke.

Take great wormes of the earth, & put them in ſallet oyl, and with a little *Spodoneſos* that Pedlers ſell, work them together, and lay them to the wound, and let it lie nine daies, and remove it not, and it will knit both Sinews & Veines together. This is proved.

To

To make an ointment to asswage the swelling and to keep sinews from shrinking.

Take clean Barrows Grease, and a good quantity of Sage, and boil them together upon a chasndish of coals, and when the Sage is dry, strain it through a cloth, and anoint the place therewith.

For Thighes that be swollen.

Take Hens dung, or Pigeons dung and Sheeps tallow, and Chickweed, and Smallage, and beat all together, and fry it with lees of Malmsey, and so lay it as hot as you can suffer it to the swelling.

For Sinews that be shrunk in the Thighes, or elsewhere.

Take young Swallows out of the nest, to the number of twelve, then take Rosemary, Lavender-Cotton, and Strawbery leaves, strings and all, of each a handfull, and bray the Swallows in a Mortar, guts, feathers and all, with the herbs, till they be small, and then fry it againe in a Frying-pan, with May Butter, and strain it, and when you will occupie it, chafe it against the fire.

Medicines for an ach or swelling in the Knee.

TAke Rew and Lovage, and stamp them together, and put thereto Honey, and lay it to the sore. Or take Lovage, Smallage, and sheeps tallow,

tallow, and lees of White-wine, and boil altogether, and lay it to the ſore on a cloth. Or take Milk and Oatmeal, and dry Roſe leaves, and ſeeth them together, and lay them to the ſore hot, and be whole.

For an Ach that doth come of an old bruiſe.

Take a pottle of Running water, and a pint of Bay Salt, and boil them till half be waſted; then thick it up with Bran, and lay it to the ſore. Or take and ſeeth the juice of Nightſhade in Butter and Oil, and ſcum off the froth, and keep the ſame for a precious Jewell to uſe when you have need. Or take and ſeeth Oatmeal in white-wine, and lay it plaiſterwiſe to the ſore Knee, and it will help thee ſhortly.

For the Gout in the Knee.

Take the milk of a Cow of one colour, and wheaten flour, and ſeeth it until it be thick like a plaiſter, and put thereto the juice of Smallage, and lay it to the Gout, and be whole.

Medicines for Legs.

Medicine for the Legs that be ſwollen.

Take Wormwood, Sothernwood, and Rue, of each a like much, and ſtamp them together; and fry them with fair Honey, till it begin to wax dry; and as hot as you may ſuffer it, lay it to the Legs or Hands, and this will aſſwage the ſwelling.

A

A Plaiſter for ſwollen Legs, or when you have no feeling in them.

Take a pound of pitch, and half a pound of wax, and half a pound of Dears ſewet, or ſheep ſewet, and boil all theſe together, then ſtrain them through a linnen cloth, and ſo make a plaiſter of white Leather, of the bigneſs of the ſore place, and let it lie to the ſore three or four daies; and then if it be not whole, make another plaiſter, and lay it again, and ſo dreſs it till it be whole, for this will bring the feeling again, and mollifie the humour, and aſſwage the ſwelling.

For a ſore Leg.

Take unwrought wax, and a little ſheeps tallow, and ſeeth them together with a little white Coperas, and ſtrike it on a cloth, and ſo lay it to the ſore. Or take Elder Leaves, thoſe that grow one ſide the leaf longer then the other on the ſtalk, then the other cloth, theſe be very good for a ſore Leg, both to heal, and theſe be leaves beſt for mankind.

A Pultis for a ſore Leg which is ſwollen red, and doth prick and ake.

Take Houſleek, Mallows, Lilly roots, and Smallage, dry red Roſe leaves, of each a good handfull, Oatmeal two handfulls, Lineſeed, Vinecreet ſeed, of each a handfull, good Ale dregs, and Vinegar, of each a pint or more, White-wine a pottle, more or leſs; ſeeth the foreſaid ſtuffe very ſoftly, and make thereof a Pultis, and lay it to the Leg.

A Medicine for a Leg that is swollen, and is not red, but will pit after ones fingers.

Take Chickweed and Pellitory, of each an handful, and, instead of Vinegar take dregs of Wine, and put thereto sheeps tallow, a pound chopped, and Cows milk at your pleasure, and seeth them as before written, untillit be soft, and bind it to the swollen Leg.

Another for the same.

Take a quart of Red-wine and crums of Ry-bread, and seeth them together till it be like a plaister, as hot as you can suffer it, lay it to the sore Leg, upon a fair cloth, and when that is done, take another; and so till you have taken four, and this will help you.

To heal a sore Leg coming of an old cause.

Take flowers of Camomil, or Camomil, and a good handfull of Mallows, of Wormwood, of Grunsell, and Sage, of every one half a handfull, and beat all small in a Mortar, and seeth it in Milk, and put thereto in the seething Vinereek seed in powder, half a handfull of Anniseeds, and Fennel seed one ounce, a little May butter, four or five yolks of Eggs, and seeth all together, and the same Eggs in the latter end of the seething, and so let it seeth till it come to thickness: You may in the latter end of the seething put in a pint of Red-wine to comfort the Sinews: take the Camomil and Mallows, of each a handfull beaten in a Mortar, with Oatmeal, and milk sodden together, and let it boil to a thickness.

For

For a vein or sinew sprung in the Leg, or else where.

Take Dill, Vervain, Mallows, and the crops of red Nettles, and seeth all these in running water, and after chop them small, and lay them hot to the leg as he can suffer it.

The best Medicine for aking of bones in the Legs, or Joynts, or elsewhere.

Take a quarter of a pound of Dill, and beat it to powder, and put thereto a quart of good white wine, and let it seeth till half be wasted away; then put thereto a pint of oyl Olive, and let them seeth together, and then strain it, and keep it to anoint the sore place withal, and this will cease the pain anon: this is called *Oleum Unamico*; keep it well in a glass, for this is proved.

For a swollen Leg.

Take Oatmeal and seeth it in milk, as you would make pottage therewith, and put thereto a handful of Mallows chopped small, and the juyce of Sengreen and sheeps sewet, and let it boyl together till it be thick, and make a plaister thereof, and lay it to the sore leg, and be whole.

For a red swelling in the foot.

Take and seeth Bean-meal and Barley-meale with water, right thick and well, and make a plaister, and lay it to the swelling. Or take Turpentine & Vinegar, Honey, White wine, and Bran, and seeth all these together wel until they be thick, and then lay it to the swelling: Or take else Parsley, Sage and Rue, and

ſtamp with the Lard of fat Bacon, and gray ſnails, and lay it to the ſore, and it will gather to a head. Or take Roſe leaves, and Linſeed, Milk, and Oatmeal, and fry all together, and lay it to the ſore.

For an ach in the Feet, or if his limbs were taken from him.

Take wool oil, or rather other oil, twelve ounces, and put thereto half a pound of *Aqua-vitæ*, and beat it together, and chafe it againſt the fire, and all to rub the ſore and dead place, and in ſhort time it will be whole.

For great aking of the bones in the Feet, or elſewhere, the beſt Medicine.

Take Baldare one ounce, and put it in your pottage, and eat thereof, for this is very good for aking of bones, and alſo to reſtore a man that is in a conſumption in ſhort time, if you will uſe it.

To cool a hot ſore leg, and to abate the ſwelling,

Take Red Coal leaves, Sage and Smallage, well ſtamped and medled together with ſoure dough, and Honey, and lay it to the ſore. Or take Horſe-dung newly made, and wring out the juyce thereof, and anoint the ſore therewith a good while, and then take Violet leaves and Houſleek, and ſtamp them and ſtrain them, and put to that juyce ſweet Cream, and anoint the ſore therewith, and it will deſtroy the great heat.

A good Receipt to heal either old or new fores, which must be made in the Moneth of May.

Take Tutſon, Selendine, Mallows, Groundſel, Clarine and Plantain, of each of theſe one handful; beat all theſe herbs together in a ſtone Mortar very fine, then take a pound of butter unſalted, and boil the herbs in it, till all the ſtrength of the herbs be boiled in it; then you muſt ſtrain them through a cloth and ſave ſome of that in a pot by it ſelf, then muſt you put into the reſt half an ounce of white Turpentine, half an ounce of Roſin, an ounce and a half of Yellow-wax; then boil them all ſoftly together, till it be thick, and ſo put it into a gally-pot; firſt that you reſerve is to heal, and the laſt is both to heal and draw.

For a ſwelling in any place.

Take Hogs dung, Pidgeons dung, and Sheeps tallow, Chickweed, and Smallage, and put all theſe together in Lees of Malmſey, or in Malmſey, or for lack of this in his own water, and when it is well boiled, lay it hot to the ſore ſwelling, and this will abate the ſwelling, and eaſe the pain.

For a Corn on the Toe.

Take a black Snail, and roſt him in a white wet cloth, and when he is roſted lay him to the Corn hot and it will heal thee in ſhort time. Or take a ſharp knife, and cut the corn clean away, and pick out the little white pith that is within him, and when you

have to done, lay a little Turpentine unto it, and be hole.

Another for the ſame.

Firſt pare the Nails or Corns with a ſharp knife to the quick fleſh, that it bleed, then wipe away the bloud, and drop into the place red Wax, and let it lie til it be conſumed; this will heal your Corn within twice or thrice ſerving ſo.

To make a Nail.

Take Cinquefoil and bray it with any greaſe, and lay it unto the Nail, and this will bring the Nail again.

For aches in the Armes.

Take ſearcloaths that be attractive, or take the oil of Turpentine, and mix it with *Aqua-Vitæ*, and anoynt the place therewith.

For aking of the wriſts.

Take and ſtamp Mugwort with Swines greaſe, and put Verjuce thereto, and lay it to the grief, and this will help the aking. Or take Planten leaves, and ſtamp them with a little Salt, and this is good if it be ſwollen. Or take the Bran, and the powder of Lime, of each alike much, and ſeeth them in wine, and put a little oil thereto, and make it thick, and lay it to the ſore and this will heale thee.

For chapped hands.

Take Maſtick, Frankincenſe, new wax, and oil of Roſes, make thereof an ointment, and anoynt thy chapped hands, and this wil make thee whole.

Another

Another for the same

Take Rose Water, and oyl of Almonds, and a little wax, and melt them together, and make an ointment thereof, and anoint thy chapt hands, and within four times anoynting they shall be whole.

For the prick of a Thorn.

Take Sothernwood and stamp it, and mingle it with fair Barrows grease and lay it to the Thorn or pricking of any venemous Beast. Or take Brook-lime, Smallage, Sheeps-tallow, Bay-salt, and your owne urine well sod together, and lay it to the sore place where the Thorn is.

To draw out a prick or thorn.

Take Dittany and grind it, and make a plaster and lay it to the sore, and also eat or drink Dittany, and it will doe the same. Or take black Sope and lay it to the sore, and it will draw out either prick or thorn, being well tempered with Birdlime, and so will Violets boiled in water and laid to the sore. Or take Stonecrop and stamp it, and lay it to the point of a thorn, and this will draw it out without fail.

To draw out a Thorn and heal the place, being red swollen: my Lady Audelies *medicine.*

Take Smallage perfectly beaten in a Morter, and put it to black sope and Boars Grease, and beat all together very well, and make an ointment there of, and spread it on a linnen cloth, and lay it warm to the sore place where the Thorne is, and bind it.

For a prick of a Thorn or Nail.

Take Chickweed, and ſeeth it in fair running Water, til it be tender, and then ſtrain it from the water, and bray it in a Mortar, and put it in a bottle of milk and put thereto Deers Sewet, or Sheeps tallow, and Oatmeal, and ſeeth it altogether til it come to a Pultis; then waſh the ſore place with the water that the Chickweed was ſodden in, and then lay the Pultis on a linnen cloth, and lay it to the ſore. Or take the dung of a Gander new laid, and lay it upon the place where the Thorn is upon a linnen cloth, and this will draw him out.

For a prick of a Thorn.

Take of the ſeed of Flax half a handful, and a quarter ſo much of Oatmeal, of Cummin an ounce; beat all theſe into fine powder in a Brazen Morter, and ſeeth them in Vinegar or Lees of Red-wine, or Claret wine, or White-wine, and put thereto half ſo much milk, and let it ſeeth until it be thick like Paſt, and then lay it hot to the ſore, and if it be rotten, it wil draw it out; and if not it wil diſſolve it.

Another for the ſame.

Take the black worm called a Shromp, which is commonly in Horſe-dung, and make a ſlit in his belly, but kill him not, and lay it round upon the place where the Thorn is, or went in, it wil be painful for a time, but it wil bring out the Thorn without fail.

Medicines

Medicines for the Gout.

An approved Medicine for the Gout.

TAke Wormwood, Smallage, Camomil, Holly-oak leaves, Horehound, of each a handful, then take a pint of Neatsfoot oyl, and half a pint of the oyl of Shoomakers patches, and boyl the oyls together a little while, and scum it, and the herbs being well chopped, then put them into the oyls, and let them all boyl together a quarter of an hour, and strain it through a cloth, and keep it for your use: to this must be added Deers sewet, and two spoonfuls of *Aqua-vitæ*.

There be four kind of Gouts, named in Latine *Chiragra*, *Podagra*, *Sciatica* and *Arteica*: the one is in the hands, fingers and arms, the which is called *Chiragra*; the other is named *Podagra*, and that is in the feet, toes and leg: the third doth keep the huckle bone, and doth run to the knee, and in process of time descendeth to the anckle, and to the toe, and is called *Sciatica*: the fourth kind of the Gout, is named the Gout *Arteick*, the which doth run over all the joynts and parts of mans body; and the medicines of every one follow.

For the Gout in the hand called Chiragra.

The cauſe of this impediment doth come of rheum, and evil diet; and there be two kinds of Gout in the hands, the one is confirmed and cannot be made whole, for if it do come by kind, and the joynts be broken, the ſickneſs is incurable; the other which is not confirmed, may be made whole, as followeth.

Take of Colworts three handfulls, and ſeeth them with a little Lie, with three ſpoonfuls of Vineger, and a little ſalt; ſtamp all theſe with the ſaid Lie, and make a plaiſter thereof. Or take and eat Treacle, and make plaiſter thereof, and lay it to the place: and mark if the matter do come of a hot cauſe, you may miniſter hot medicines, and if of a cold cauſe, no hot medicines but cold, and let the patient beware of eating of thoſe things that be over hot or cold.

For the Gout, and all manner of Aches.

Take of Clot roots two pound, and ſeeth them in piſs til they be tender, and then bray them and ſtrain them through a cloth, and then take ſix Ox galls, or Neats, and look that you have a pottle of urine or more well ſtrained; then put thereto a quart of oyl Olive, and ſeeth this together till it do come to the quantity of the oyl, for this will work wonders in the Gout.

To comfort the joynts and ſinews.

Take five or ſix handfuls of Walworts, and ſeeth them wel in wine, then ſtrain them with a little Wax, Oyle of Spike, and *Aqua vitæ*, make an oyntment, wherewith you muſt anoint the

the place morning and evening every day.

Medicines for the Gout appropriate in all cases.

Take Cow dung, and seeth it in sweet milk, and lay a plaister thereof to the Gout: also the yolks of eggs, womans milk, linseed, and saffron all together in a plaister, asswageth the diseases of the Gout; and if you be disposed to break the skin, and to let the humour issue out (as by such means many a one is eased) you shall make a little plaister of black Sope, and *Aqua vitæ*, which will blister it without pain: Also very hard old cheese cut and sodden in the broth of a Gammon of Bacon, and afterwards stamped with a little of the broth, and made in manner of a plaister, is a singular remedy for the Gout, and was first practised by *Galen* the Prince of all Physitians.

For the Gout in the feet.

Take and stamp nettles, and lay them to the *Podagra*, Feet or Legs, and this will joyn flesh to the bone that is risen; but you must mingle it with salt, for that drieth up evil humours in short time.

For the Gout cold.

Take as much black sope as a Walnut, and as much Herb grace made in juice to the quantity of the Sope, and as much of the juice of Salendine, and mingle them all together; then take sheeps leather, and on the fleshy side lay on the plaster, and so lay it to the Gout three days, and it will help thee.

For the Gout.

Take a pint and a halfe of good Ale, and halfe a pound of black sope, and a handful of bay salt beaten small,

small, then mingle them all together till half be consumed; then put four spoonfuls of *Aqua-vitæ*, and let it boyl a little more, then take a cloth and dip it in it and lay it to the grief as hot as he can suffer it, and be whole. Or take a pint of good Ale, and clarifie it on the fire, and put therein a handful of bay Salt, and stir it a good while; put thereto 2 spoonfuls of black Sope, and before you lay on the medicine, take a linnen cloth and rub it well a good while, and then lay on the medicine.

To take away pain of the Gout.

Take the fatteſt Bitch you can get, and ſcald him like a Pig, and take out the guts and garbadge at one of the ſides, then take Nettles and ſtamp them with two ounces of Brimſtone, four yolks of Egges, four ounces of Turpentine, incorporate all together, and put it in the whelps belly ſurely ſewed up, that no compoſition come out; then roſt him with a ſoft fire, and keep the dripping that doth come from him, and anoint the ſore place therewith, for this is excellent; and will ceaſe all manner of Convulſions of the Sinews or joynts, and pain of the Cramp that may be felt in any man: This medicine hath been tryed not onely to heal the Gout, but to drive it away for ever.

Another for the ſame.

Take half a pint of ſtrong Vineger, and three yolks of Egges, and put them to the Vineger with a quantity of black Sope, and ſo let it ſtand three days and three nights, & then mingle them together like a plaiſter,

plaister, and lay it to the sore. Or take and stamp Walwort smal, and seeth it with the Lees of Red-Wine as thick as pap, and lay it to the sore wheresoever it be; if it be hot, lay it on hot, if it be cold, lay it on cold, and then lay it on two dayes after with Nerve-oyl upon the Sinews.

For the Festring Gout that makes holes.

Take the juyce of rib grass; and as much of the white of an Egge, and Rie-meal, and mingle them together, and stamp them, and make a thick plaister thereof, and lay it to the sore, and let it lie stil until it fall away. Or take Rie-flower, and mingle it with the juyce of Walwort roots, and make thereof two Cakes, and bake them, and then take one, and do away the cruft, and bind it to the sore as hot as you may suffer it; and when that Cake is cold, then take the other, and lay it to the pain, and this will heal it.

For the Gout.

Take Castle-sope, and scrape it into the Barm of Ale, but the Ale must not be sowr, and stir the sope and the Barm together, and then lay it upon the ach, and with a little cloth rowl it on, and when it swels, take Red-fennel and seeth it, and put to it butter, and lay it to the swelling; it must be butter unsalted, and use this, for it is very good.

An approved medicine for the Gout.

Take a quantity of unwrought wax, and four times so much Boars grease, and as much black sope as the Boars grease, then take the Boars Grease first, and seeth

ſeeth it in a skillet, and then clarifie it, and melt the Wax by it ſelf, and put it to the greaſe, and then put them together with the Sope, then take it from the fire and ſtir it a great while til it be like a Salve then make a plaiſter of ſheeps-leather, & when your pain doth come, lay on this plaiſter ſomwhat broader then the griefe is, and let it lie on twenty four hours before it be removed, and you ſhall finde great eaſe in it. This ſalve will be good a whole yeare if it be kept cloſe.

A ſpecial medicine for the Gout.

You ſhall buy at the Apothecaries, Cantarides, which is a great fly, take of this a quantity, and twice ſo much ſoure bread, the crums thereof ſtamped in a morter with a little Viniger, ſo that you may make the of a plaiſter, then ſtroke it upon a cloth, and cut it the bredth of a peny, and lay it to the place where the pain is for ſix or ſeven houres, then lift up the plaiſter with a knife, and let it lie half an hour, then again plait it off, and a bliſter will riſe there, then let out the water with a needle, in the loweſt place of the bliſter, and ſoftly thruſt it with your finger, and if the water be cold, it wil be ſomewhat yellow, if the pain be new it wil be white like the gelly of a Pig, then take the leaf of an Oak tree, and cut away the hardneſs thereof, and prick it ful of holes. and lay it on until it be whole, as ſoon as the bliſter is broken the pain is gone, but you muſt make the bliſter beneath the joynt.

For

For the Gout.

Take six new laid Eggs, and roast them hard, and cut them asunder, take out the yolks, and where the yolks were, while the Eggs be very hot, put in myrrh of *Alexandria*, it is to be bought at the Apothecaries, and lay one side of the Eggs upon another as you cut them, and lay them in a trough between two dishes, and thereof will come a water and be in the dish, then take it out, and put it in a glass, and then dress new, till you have some quantity of the water, for five Egs will not make above a spoonful at once, this is a proved medicine to drive away the pain of the Gout when it cometh.

For the Gout.

Take the milk of a Cow of one colour, and small Planten Leaves, and flour of clean Wheatmeal, and boil them together, and make a plaister, and lay it to the sore, and this will help thee in short space.

A special medicine for the Gout.

Take a young Whelp in the moneth of *May*, and strip him out of his skin, and dress him clean, then take a quantity of Water-frogs, and put them in his belly when his guts be out, and sow up his belly, then roast him, and take the dripping in an Iron Vessel, and when it is cold put it in a glass, and therewithal anoint the disease, and you shal be whole, by Gods grace.

For the Gout, a proved medicine.

Take a ſpoonful of civil ſope, and two penniworth of Camphire, a ſawcer ful of womans milk, of a man child, then put the Sope and Camphire into the milk till it be thick, then put it into a clean box or veſſel, and let it ſtand twenty four hours, and then anoint the Patient therewith cold; and ever lay the medicine above the ſore to draw it downwards. This was proved upon Sir *John Wilton* and many others.

For the Gout.

Take Cows horn coming of a red or brinded Cow a good quantity, and make it warm in a frying-pan and put thereunto half a ſpoonful of the powder of a rotten poſt, or pole of Elder Wood, and ſtir them together, and bind them on the place agrieved hot or blood-warm, and lap it with a woollen cloth next to the medicine, and a linnen cloth over all, to keep in the medicine: Waſh off this medicine when you take it off with Farrow Cow milk warmed.

Another for the Gout.

Take four ounces of the Oyl of Linſeed, four ounces of Oyl of Worms, and the like quantity of the beſt Treacle, and mix them wel together, and anoint the place agrieved, and alſo ſpread it on a linnen cloth, and bind it on all night.

For the Gout.

Valerian Coltsfoot, oyl of Shoo-makers patches Deers ſuet, and as much of Neats-foot oyl as the other two, melt the oils and Deers ſewet, and then put in the two herbs, being chopped ſmal, and boil them

al

ll together with a gentle fire half an hour, and then train them through a courſe cloth, and keep this yntment in a box. Anoint the place agrieved with his oyntment, and lay it on a plaiſter of the eyl of Shoomakers patches only ſpread upon this brown aper warmed.

Medicines for the Dropſie.

TAke a portion of Water-creſſes, and Sage, the greateſt part of Mugwort, Hyſop, red Fennel; of every one of theſe a like portion, waſh all theſe clean, and let the water run from them: then take the ſame herbs and put them in paſte of a great pie, and the ſame pie to be baked in an Oven, and when it is baked take it out, and all hot put it into a pot of Ale, clear drawn after the portion of your herbs: Alſo you muſt cover your pot, to the intent the ſtrength of the herbs come not out, but remain in your pot ſtill, and work in the Ale, to make it ſo much the ſtronger: then draw off the ſaid Ale daily, and let the ſick drink thereof at all times, when you will, day or night, when he deſireth to drink, and within nine days he ſhall be whole.

An excellent medicine for the Dropsie, made for Queen Elizabeth, by Doctor Adrian *and Doctor* Lasye.

Take Polipodium, Spicknard, Squant, Ginger, Marjoram, Setwel, Gallingal, of every one one penny weight, Senny, the leaves and cods, so much as all the rest, grossly broken into pouder, and so put them in a bag, and hang it with a packthread in an earthen pot of two gallons of Ale, and every four days cover the Ale with new Barm, and drink no other drink the space of a whole week, and this will purge all ill humours in the body; this drink will not let the blood putrifie, neither flegm to have domination, nor choler to burn, nor melancholy to have exaltation, it doth multiply blood, and helpeth all evil, it purgeth the rheum, and mightily helpeth it, it defendeth the Stomach, and nourisheth it, profiteth and preserveth youth, and engendereth good colour, comforteth the sight, and nourisheth the mind.

For the Dropsie that swelleth.

Take and eat Water-Cresses, and Raisins, and this shall make the malady come down to the Legs and Toes; then when it is in the Legs or Feet, take the green bark of Older in Winter, and the Crops in Summer, and Oatmeal, and lay it to thy Legs being sodden in fair water, and this will heal thee.

For a swelling in a mans body.

Take Betany, and Sentory, of each a like much, and make pouder of them, and put of the pouder in your drink, and in your pottage, and it will bring

the ſwelling out of your body into Legs and Feet, then take Salendine and bruiſe him in a Mortar, and lay him to the ſoles of your Feet, and it wil take away all the ſwellings of the body through the ſoles of your Feet by water running: and it is called a Dropſie.

Medicines for the Canker.

Take Walwort and Waydbred, Self-green, Houſleek, and Smallage of each a like quantity, ſtamp them together in a Leaden Mortar, and ſtrain them through a cloth and mingle the juyce with wheat flower honey, and the white of an Egg and ſtir all theſe, and lay it to the ſore.

For a Canker, Fiſtula, Wart, new ſores, old ſores, or wounds.

Take a gallon and a half of running water, and a peck of aſhes made of green aſhen wood, and ſift them clean, and make there of a gallon of Lie; and put thereto a gallon of Tanwooſe, and a pound of Madder, and ſeeth all theſe to a gallon, and let your Pan be ſo great, that it be little more then half full; and when it riſeth with the ſeething, ſtir it with a Ladle, that it run not over, then let it ſtand three or four hours, til it be clear, and then let all that is clear be ſtrained through a good clean cloth, and then wet a ragged cloth, and with a long lint lay it to the ſore and it wil heal the diſeaſes aforeſaid.

Medicines for Burning or Scalding.

Take unſlaked Lime as much as you think good, and ſlake it in Common oyl, and then take it out as dry as you can, and incorporate it with oyl of Roſes and it wil be as it were an ointment, which you ſhal anoint the place with, and in eight or ten daies it wil be whole, and not leave any mark or ſcar upon the skin; and when the party is firſt burned or ſcalded, becauſe the other is not ready, take a little of the lard of a Barrow.

For one that is burned with a Match.

Take the ſame Match and burn it to powder and ſtrew the ſame powder upon the place, and this wil heal it in ſhort ſpace.

For burning with Gun-powder.

Take Sheeps ſwet, and Sheeps dung, and frie them both together, and ſo anoint the place that is burned therewith twice every day, and do not waſh the ſore with any thing, for the medicine wil fall away of it ſelf as it doth heal; and do not change the medicine in any wiſe.

For burning with wild fire.

Take the dregs of Wine and Vinegar, and an Egg both the white and yolk by even portions, & mingle them

them wel together and lay it to the ſore until it be whole.

To get out the fire of burning or ſcalding.

Take the whites of new laid Eggs after the quantity of the ſore, and put them in a Pewter diſh, and with a ſtone of Roch-Alom, labour it about till it come all to a froth; then take a fine linnen cloath and wet it in oil of Olive; or for lack of it in freſh greaſe or butter, and lay it next the ſore, and then lay the froth upon the ſame a good thickneſs, and ſo bind it with a cloth, four times dreſs it, evening and morning and the fire wil be out.

Medicines to ſtop Blood.

To ſtop Blood in a Vein.

Take a handful of leaves of the little Burs that ſtick upon a mans Coat, and are called Strachantes, and bray theſe leaves, and lay them to the wound, and it wil ſtop the blood.

To ſtop blood in a wound ſuddenly.

Take Paper, Flax, or linnen cloth, which is next thy hand and burn it, and put it into the wound the ſhes thereof hot, and the blood ſhal ſtop ſtreight: Or if you will ſtamp Nettle-roots, and lay them to the wound, it ſhal be no more.

To ſtop Blood if the Maſter Vein be cut, or the wound very large.

Take Red Nettles or red Colwort leaves, ſtamp them with Hogs-dung well tempered together, and lay it on the wound, and this wil ſtench the bleeding quickly. Or take dried Vervain made in Powder, and put the Powder into the wound, and it wil help.

For a Wound that is full of Blood.

Take red Nettles and ſtamp them with Vinegar and lay them upon the wound, and it wil cleanſe the wound, and do away the blood.

To ſtop bleeding at the Noſe, or in any other place upon the ſudden.

If it be a man that bleedeth, take a Leather-point and tie about his ſtones very hard, and this will ſtop the bleeding ſtreight. Or if his Arm or Leg be cut bind the other Arm or Leg very hard, and the blood wil run to the other ſide that is moſt pained.

Medicines for the Morphew.

Take Muſtard made of White-vinegar, and let the Patient anoint himſelf withall, where the Morphew is nine nights, and this will help him. Or take and bray Sorrel, and ſtrain it clear, then put to it as much Sugar and Hony as you do juice, and boil them wel together over the fire, & then let them ſeeth

the Sugar have the taſt, then put to it one ounce of vinegar, and ſo dreſs it and keep the medicine to eat.

Another for the ſame.

Take an ounce of very good ſope, and a penny-worth of *Aqua-vitæ*, and put them both into a morter and grind them well together; then take a handfull of Eglantine, and ſtamp it and ſtrain it, and put ſome of the juyce to the ſope and *Aqua vitæ*, and then take a courſe Canvas cloath, and rub where the Morphew is, and after anoint the place with this medicine and be whole.

For the black Morphew.

There be two kind of Morphews, the white, and the black, the white is named *Alborus*; and for remedy for the black Morphew, take this rule, that if the place be pricked, and it will not bleed, then it is not curable; but if it will bleed, take of Rapes and Rocket, of each an ounce and a half, and ſtamp it with Vinegar, and after that waſh the place. Or take of the earth of *Affrick*, and mix it with vinegar, and waſh the place oft therewith, and it wil heal thee.

A moſt excellent Water, to comfort the Vital, and preſerve other parts of the body, made by Doctor Stephens.

Take a gallon of good Gaſcoyne Wine, Ginger, Galingale, Cinamon, Nutmegs, Grains, Cloves, Aniſeeds, Fennelſeeds a Dram, Sage, Mints, Red-roſes, Time, Pellitory, Roſemary, wild Time, Camomile, Lavender, of each a handful; then bruiſe the ſpices and the herbs ſmal, and put all into the wine, and

let it ſtand twelve hours, ſtirring it divers times, then ſtill it in a Limbeck according to the art, and the firſt water is of more ſtrength then the ſecond, and both be the better by ſtanding in the Sun.

The vertues hereof

Be to comfort the ſpirits vital, helps to the inward diſeaſes of cold, the Palſie, the contraction of Sinew, the conception of women killeth the worms within the body, cureth the Cough, Toothach, cold, Dropſie, comforteth the Stomack, helpeth the Stone in the Bladder, and in the reins of the back, ſlackneth a ſtinking breath. Whoſoever uſeth this Water ever anon, and not too often, it preſerveth him in good liking and maketh him ſeem young very long; with this Doctor *Stephens* preſerved his own life, untill ſuch extream Age, that he could neither go nor ride, and kept him five years, when other *Phyſitians* judged it impoſſible for him to liv one yea.

To make Cinamon Water.

Take Rheniſh wine a quart, and Spaniſh wine a pint, Roſe water a pint and a half, Cinamon bruiſed a pound and a half, let theſe ſtand infuſed the ſpace of four and twenty hours, then diſtil it, and being cloſe ſtopped and lated, then with a ſoft fire diſtil the ſame ſoftly in a Limbeck of glaſs, and receive the firſt water by it ſelf.

Alſo, if ye be ſo diſpoſed to make the ſame water weaker, take three pints of Roſe water, and a pint and a half of Rheniſh wine, and ſo diſtil the ſame & you ſhal have to the quality of the ſtuffe the quanti-

ty

ty of the water which is three pints; but the first water is the best, and so reserve it to your use, both morning and evening.

To make Cinamon water another way.

Take three quarts of Muskadine, and a pound of Cinamon, and half a pint of good Rosewater, and so let it be infused the space of four and twenty hours, and distil it as aforesaid, and you shal receive to the quantity, as to the quality; but the first pint is the best, and the chiefest of all the other, as is manifest by practice.

Medicines for the Palsie that take away the speech.

Take Sage leaves, and Primrose leaves; and if it be in winter, take leaves and roots and all, of each a like quantity, beat them together, and strain them with Ale, and give it the sick to drink a spoonfull or two at a time, and it wil bring the speech again.

For the Palsie.

Take and stamp a handfull of *Sage*, as small as may be, and put thereto two penny worth of Treacle, and a penny worth of *Aqua vitæ*: temper them well together, and lay a plaister thereof to the wrist of the hand, and in the Nape of the Neck: and thus thou may'st heal him that is lame of the Palsie in short time.

For the Palsie that makes a man bed-ridden.

Take both the crops and blossomes of broom, and seeth them in good R d-wine til it be thick as ointment, and then anoint all thy body with it, and use this, and it wil make thee whole.

An excellent drink for the Palsie, proved divers times.

Take all the flesh of a Fox new killed, and lay it all night in new milk, and the Buds of Rosemary leaves and flowers, and that a great quantity, and half an handfull of Harts tongue, and take away the string that goeth along the back of the leaves, and a good quantity of Bugle, and a few small Raisins; distil all these together with a gentle fire, and when it is forty daies old drink it fasting; it destroyeth the Palsie, and maketh good blood.

Medicines for a Fellon.

Take Grounsel and stamp it smal, then temper it with oyl of Roses, and make it like a salve and lay it to the sore, and this wil heal thee.

To break a Fellon hastily.

Take the yolk of an Egg and Bay-salt, and powder of Coperas, and lay it to the sore, and it will break it.

To

To deſtroy a Fellon.

Take Scabias a good handfull or two, then take Sheeps ſuet and brown-bread, and chop all theſe together ſmall, then fry them in a pan, and lay it hot to the Fellon, and it ſhal deſtroy it.

Medicines for the Impoſtume within a Mans Body.

Take young Walnuts, and ſtamp them rinds and all, and lay a plaiſter thereof upon the Navel; and this wil deſtroy an Impoſtume, as *Iſaac* ſaith. Or take two handfuls of Clot roots made clean, and ſeeth them wel in half a gallon of good Ale or more until the fourth part be waſted away, and let it run through a cloth but wring it not; and let the ſick drink thereof three daies, and then other three daies; and if thou wilt, thou mayeſt put thereto Licoras. This is proved.

To break an Impoſtume.

Take the kernels of Walnuts, and ſtamp them with Rue, and lay a plaiſter thereof morning and evening upon the Navel, and without all doubt it wil help thee of all other ſwellings.

To put out an Impostume without peril.

Take and drink the juyce of Mary-golds with red Horehound, and thou shalt be whole.

Medicines for the Measels or Shingles.

Take the juyce of Arch-angel, and dip a linnen cloth in it, and lay it to the sore morning and evening, until it be whole *Probatum est.*

To take away the Scars of the smal Poxe or the Measels.

Take the blood of a Bull or of a Hart, and this is much commended of Authors, to be good to anoint but the scars, and also the liquor that issueth out of the sheeps claws, hot in the fire or the dripping of a Signet or Swan upon the place oftentimes hot.

For the Shingles or Measels.

Take a Cat and with a stick beat her ear a good while, and when you have wel beaten her ear, cut off that ear first, and with a sawcer save the blood, and then cut off the other ear as you shall need, and with the blood anoint the place where the Shingles be, and use this three times.

Medi-

Medicines for the small Pox.

First, let all the Physicians beware not onely in this infirmity but in many others, not to minister Medicines External which should be repercussive, which is to say to drive in the infirmity into the body: And beware in this matter of oyntments and baths, and of cold and open airs, or of picking or touching any of the pushes or scabs; keep the Patient warm, and let him be of a good diet to comfort blood: although some that be expert Physitians in this matter, would that a man should exhaust blood out of a vein named *Mediana*.

For Pock-holes.

Take for a man the grease of a Capon, and for a woman the grease of a Hen, and anoint the place where the Pock-holes be, and it shall cleanse them, and make them appear as it were no Pox there.

To drive out the Pox.

Take Malmsey, Ginger, and Treacle, and mingle them well together; and when thou goest to Bed, drink a good draught, and it will drive out the Pox.

For

For the French Pox.

Of this there be many kinds, ſome be moiſt, ſome be wateriſh, ſome be dry, and ſome be ſcurvy; ſome be like Scabs, ſome like Ring-worms, ſome be fiſtuled, ſome be feſtered, ſome be Cankers, ſome be like Wens, ſome like Biles, ſome like knobs or kernels, and ſome be ulcerous, having a little dry ſcab in the midſt of the ulcerous ſcab; ſome have the ach in the joints, and no ſign of the Pox, and yet it may be the Pox.

The cauſe of this infirmity doth come many ways: it may come by lying in the ſheets or bed wherein a Pocky perſon hath lien the night before; it may come by lying with a Pocky perſon; it may come by ſitting on a Jakes, where Pocky perſons did lately ſit; it may come by drinking with a Pocky perſon; but eſpecially it is taken, when one Pocky perſon doth ſin in Lechery with another; all the kinds of the Pox be infectious, and therefore beware of them.

A Remedy.

Take the greaſe of a Bear, the skin clean taken away; the weight of a pound of the Powder of Brimſtone, three ounces of the powder of Oyſter-ſhels, two ounces of Verdigreaſe, the weight of twelve pence of the inner bark of the branches of a Vine; two ounces of Quick-ſilver mortified with faſting ſpittle; then ſtamp all theſe in a Morter, and anoint thy body, ſpecially as near as you can to the ſores

ſores, and then lay the perſon in a bed, and lay cloaths enough over him, and let him ſweat twenty or four and twenty hours; do this three times in nine days, and after that take an eaſie Purgation; and take of the water of Palantain half a pint, of Mercury ſublimated the weight of eight pence, of rozen allom half an ounce, make powder of it, and mixe it all together, and with the feather anoint the place. Or take of Turpentine well waſhed one ounce, of Lytarge and Burnt Allom, of each an ounce, and mix theſe together, then take ſeven ounces of the fat of a Goat or Kid, and anoint the place. Or take of freſh butter an ounce and a half, of Barrows greaſe half a pound, of old Treacle an ounce, of Mithridatum half an ounce, of Quick-ſilver mortified the weight of ſix groats, of Lytarge and ſalt of each half an ounce; mix this together, and make an ointment thereof, and anoint the ſores therewith, and this will heal thee if thou wilt uſe it as aforeſaid.

For the Cramp.

Take the ſtiffe bone of a Hare, and as long as you have the ſame about you next to your ſkin, you ſhall not have the Cramp.

And

Another for the Cramp.

Take two ſpoonfulls of May-butter, and two ſpoonfuls of Rue juyce, and temper them together till they be a ſalve, and ancint the place therewith.

Medicines for all kind of Sores and Wounds, and firſt to draw a Sore.

Take an ſbeat Oatmeal in a Morter ſmal, and then put it into milk, and ſeeth it well together, with a handful of Roſe-flowers unſtill'd, if you may have them; or elſe of them that are ſtilled, and not burned, and ſeeth them til they be like Pap together, and then lay them warm to the ſore as the Patient may ſuffer it evening and morning and this will dry it.

A good Water for every Sore.

Take a quart of aſhes made of an Aſh, and a pottle of vinegar, and a pound of Madder, half a pound of Allom-glaſs, and ſeeth all theſe together until they be half waſted, then take it from the fire and let it ſtand and ſpurge; then take the water that is clear above, and put it into a Vial, and put that water into a ſore, and this will heal it without any more coſt.

A

A Plaiſter for that ſwelling which is called an Uncome.

Take Rue and Smallage, of each a handfull, a good goobet of fat Bacon, ſuch as is very much ſmoked, or reſty as they call it, and dreſſe the ſaid Bacon in ſquares as big as your finger, and beat all theſe together till it be diſſolved and meet to ſpread upon leather or cloath, and lay it to th ſore, and it will both draw it, and heal it when it is broken.

A Soveraign Plaiſter for any Ach.

Take a quart of Malmſey, and a ſpoonful of Sallet oyl, a good handfull of Onions, pilled, bicken, and bruiſed, and an ounce of Pepper finely beaten, then ſeeth all theſe together till they be thick, and ſpread it upon a cloth, and lay it to the place where the pain is and this will take away the Ach.

A

For an ach in any part of the body.

Take the gall of a beast, Neatsfoot oil, Deer-suet, a quantity of Sallet oil, of each a convenient quantity, boil all these together, then pour out the thinnest thereof; and therewith anoint the place grieved against the fire morning and evening.

A Medicine or Oyntment called Flos Uuguentorum.

Take Rosin, and per Rosin of each half a pound, Virgin wax, and Frankincense, of each a quarter of a pound, Mastick an ounce, Harts tallow a quarter of a pound, and Camphire two drams; melt that which is to be molten, and powder that which is to be made in powder and searse them fine, and boil them over the fire, and then strain them through a Canvas cloth into a pottle of White-wine; then boil the wine with all the other ingredients together till the wine bee consumed, then let it coole till it bee blood-warm, then put therto a quarter of a pound of Turpentine, evermore stirring it til it be thorow cold, but ever beware your stuff be no hotter then blood when you put in your Turpentine and Camphire, for if it be, it marreth all your stuff; then when it is cold, make it up in roles, and keep it for your use for the best medicine and precious salve that ever was or can be made.

To

To make Salus Populi, which is for Blains, and to skin all sores in three days, and is good for him that feareth the Hemeroids.

TAke of Salendine two handfuls, Allom one handful, and grinde them together like sauce: then take Weathers tallow or Harts tallow a pound, of oil of Roses half a pound, and melt them together, and boil the herbs therein until it sink down to the bottom, and it wax somewhat black, then strain it, and keep it to your use. This ointment is hard, and therefore when you will use of it, put it in a spoon, and melt it over the fire: and understand, it must not be put in old sores: but there as it scaldeth the skin off: and when there riseth any pimples, white, black, blew, or red, this *Salus Populi* dryeth well, and healeth well, and destroyeth the wilde fire.

A special Medicine for a Bruise.

TAke a great handful of Rue, the white and yolks of five Eggs, half a pint of Honey, and a handful of Wheat-flour, temper all these together, and make it thick, so lay it to the place that is bruised, upon

a fair cloth heated hot, against the fire, and let it lye twenty four hours, and then lay on a fresh.

Doctor Owens *ointment for an Ach,*

Take Wormwood, Rue, *Featherfew*, Hyssop, Sage, Bayes, of each of them one pound, of Sallet-oil a gallon, of Sheep-sewet a pound, stamp them one after another then mingle them all together, and grind them with the Sallet-oil and Sheep-sewet, and put it in a pot, and let it remain in hot ground or a dung-hil nine dayes; then take it, warm it, and strain it.

To asswage any Swelling whatever it be.

TAke two handfuls of Pinyrial, and set it in the strongest Ale you can get, till it be tender; then take it and press it from the herbs, and lay it unto the swelling as hot he can suffer it and so use it two or three dayes, and it will be good.

A marvellous Salve to heal & draw.

Take Betony Plantane, and Smallage, the juice of them one pound, then take four ounces of Wax that cometh of the honey two ounces of incense white and clean two ounces of pitch, two ounces of Rozen; melt these by themselves upon a soft fire, that done, put

put the juice of the herbs to it, and boil it together until the juice be wasted, and alwaies stir it; then take it from the fire and strain it through a clean cloth; then take two ounces of Turpentine, and temper it with the rest, and when it is cold, keep it as gold.

To heal a wound.

Take the flowers of herb John, and put them in a glass and put thereto as much Oil-olive as will cover the herbs, and then stop the glass close, and put it in the Sun for twenty days or more, then it will be a fine coloured ointment, and very good for green wounds: and when you will use it, warm a little at the fire, and then wet your Lint therin, and lay it to the wound, and it will be whole.

A water to heal all manner of wounds in short space; which is a thing that every man ought to have in his house, seeing it is of so great vertue.

Take a pound of new yellow wax, or as much as you will, and melt it in a clean pan, and then pour it out into some other vessel, wherin must be Malmsey, Muscadel, or good Claret-wine: and then take the wax out, and pour it again upon the wine, and do so

seven times: then take the said wax and melt it on the fire, and put it into a handful of Brick beaten into fine powder, and stir it well together, and then put it into a crook't-neckt glass, such as Stillers call the Big-pipe glass; you must clay it well about the midst of the glasses neck, and let it distil first with a little fire, and then more, and last with a good great fire, and then when all the things be cold, put it out of you recipient, and pour it into a Vial well stopped with wax & searcloth, so that in no case the air go out, no sun nor fire come to it, for it is so fine of it self, that it will vanish away straight; and when you will occupy it, you must wet and moist the wound with a fine linnen cloth, and so binde it to the wound.

To heal a wound in ten dayes.

Take Camphire, and stamp it with Boars-grease; put it into the wound, and this will heal it in ten days without fail.

To make that flesh shall not grow too much in a wound.

Take the Lights or Lungs of a Sheep hot, and lay it upon the wound, and the flesh shall rise equal with the skin.

A Diet for him that is wounded.

Take heed you eat no Cheese, Butter, Eggs nor Fish of the Sea, nor Fruit, but fine and light meats, as Capons, Chickens, Rabbets, Pheasants, and Partridge, Lamb, Lark, and such like.

Medi-

Medicines for the Itch in man or Woman.

This I do adviſe every man for this matter, to ordain and prepare a ſharp pair of nails to ſcratch claw, rent, and tear the ſkin and the fleſh that the corrupt blood may run out; and then uſe purgations, ſtoves and ſweats; and beware you reverberate not the cauſe inward with any ointment, nor claw not thy ſkin, with filthy fingers, but waſh thy hands to bed-ward.

For a Scab on Man or Woman.

Take Mallows and Wormwood, and boil them well together, and with the ſaid water and herbs (warm as thou maiſt ſuffer it) all to waſh thy Body, and this will heal thee in ſhort time.

For an Itch in the hands, that comes of Worms.

Take the ſeed of Henbane, and caſt it on a Chafing-diſh of coals, but firſt waſh thy hands, and then hold them over the fire as hot as you may ſuffer it a good while; and then put thy hands in a baſen of cold water, and thou ſhalt ſee the worms creep out into the water; do this three or four times and be whole.

To deſtroy all manner of Scabs dry or moiſt.

Take half an ounce of the juice of Scabias, and Vinegar, and one part of Garlick, and ſeeth all together till it do turn to an ointment, and anoint the Scabs therewith, and be whole.

For the dry Scab.

This infirmity cometh to man after his complexion by superabundant humours, or by lying with an infectious person having the said infirmity, or by aridity or dryness of choller, or melancholy, the which doth engender a dry Scab, which is the worst among all the kind of Scabs.

The Remedy.

Take Mercury mortified with fasting spittle three ounces, incorporate it with the oil of Baies, and anoint they body therewith. Or take Mercury mortified three ounces, of the Powder of Brimstone two ounces, of the powder of Elicampana two ounces; Confect it together with Barrows grease, and anoint thy body oft.

Medicines for the Falling-sickness that doth not foam in the mouth, but by urine and Egestion, or both at once defileth himself.

The cause of this infirmity, many Authors in divers matters be of sundry opinons; but for this matter I do say, that forasmuch as it is one of the kinds of the Falling-sickness, it doth take his Origin of a Rhenmetick humour, opilating the cells of the Brain; the Brain so opilated and stopped, the Patient lyeth pitifully, unto the time that nature hath removed the Cause.

A

A Remedy

For this matter a great circumspection must be had, first in the diet of the patient: for the patient (not only in this kind of Falling-sickness, but in all other kinds) must abstain from white meats, Beef, Hares flesh, and Venison; also they must beware of climbing up to high places, they must eat no Sallets, Onyons, nor Garlick, Raisons, Gibboles, or Scalions, or such like things: The Patient must beware of eating of water-fowls, and fatness of fish; as Eels, Conger, Salmon, and such like; and then use the seeds and roots of Piony, as well in the meats as drinks; and to wear the seeds about thy neck, and purge thy head, and do as it is specified in the Chapter named *Epilepsia* next following.

There be three kinds of Falling sickness which men be infected with; to wit, *Epilepsia*, who in their falling foam at the mouth; and this is the common kind of the Falling-sickness: They which have the *Analepsia*, shall (when they fall) defile themselves and not foam at the mouth: They which have *Catalepsia*, whether they be taken open-ey'd or half closed, for the time they shall see nothing.

For the Falling sickness.

Take Rue, and Wormwood, of each of them a handful, and make it powder; and blow some of it into his nose that doth fall, and he shall presently rise.

Medicines for Warts.

THis infirmity doth come of grosse vil humors; to remedy which, take a Pair of Cissers, and cut off the heads of the Warts and then rub them with Garlick and Bay-salt, and stamp both together; do this six or seven times, and lay over them a plaister of lead.

To take away Warts.

Take the juice of red cole-stocks, and lay it on the Warts, and this will heal them. Or take a white Snail without a shell, and anoint thy Warts withal, and they will go away. Or take Egrimony, and Verjuice, and put them together, and lay it to the Warts three nights being stamped, and it shall drive them away and heal them.

Medicines to make one sleep.

Take of the Oil of Vyolets an ounce, of Opium half an ounce, incorporate these together with womans milk, and with a fine linnen cloth lay it upon thy Temples. Or eat leaves of Henbane, stamp it, and lay it to thy Temples. Or eat use to eat Lettice seeds, white Poppy seeds, or Mandragon seeds, and of Sander, of each three drams; but above all things, milk is best to be-ward.

To make one sleep.

Take ground Ivy, and Sengreen, of each a like quantity, and stamp them, and temper them with womans milk, and lay it to thy Temples, and this will make thee sleep well.

Medicines for an Ague; for a Fever Tertian

TAke the buds or leaves of Willows red Sage, and Fetherfew of each an handful; seeth them in a quart of milk till the herbs be well sodden; then crush the herbs, and wring them in a cloth, and lay them to your pulse as warm as you can suffer it and this will help the Ague.

Another for the same

The Medicines which do help a Fever cauſon, will help a fever tertian: first purge choler, and three or four hours before the fit doth come, I do thus: I cause a man to lie in his doublet, and a woman in her waſt-coat, then do I cause them to put on a pair of gloves, and with two garters I do bind the wrists of their arms, and do lay their arms and hands into the bed, and do cast on clothes, and do bring them into a sweat before the fit doth come three or four hours, and out of a goose quill one put into another, they do take their drink, because they shall take no air into the bed: then do I give them first an Altery, and

stuff.

ſuffer them to drink as much Poſſit Ale as they will, and when the burning doth begin, I do withdraw the clothes; and this I do three courſes, and have made many hundreds whole ſo; and on their good daies I do not ſuffer them to go into the Air.

For the quartan Ague.

Take a ſpoonful of Muſtard, and as much Treacle as a bean, and let the ſick drink thereof with Vinegar, and he ſhall be whole. Or take his urin, and ſcum it clean, then take the juice of Camomil, the juice of Sage, or the powder of them both, and the powdr of Galingale, and Licoras, and let them boil together a little while, and drink thereof ofan faſting.

For the Ague: Mr Willoughbies *Medicine.*

Take a handful of the herbs called Shepherd purſ and half an handful of Houſleck, and as much Sinkfoyl, and the like of Groundſel, and beat them with two ſpoonfuls of bay-ſalt; then divide it in o four parts, and lay two parts to the wriſts of the hands, one half hour before the fit doth come; and when you feel it come, take knot-graſs and ſtamp it, and ſtrain it with a pint of ſtale Ale, and let the ſick drink it luke-warm, he muſt ly down as ſoon as the herbs be bound to his arm.

For

For the byting of a mad Dog.

TAke mints, and a clove of Garlick and ſalt, and ſtamp them together, and make a plaiſter thereof, and lay to the bitten place, and this will heal it.

Another for the ſame.

Take Egremony, Plantine and the white of an egg and beat them well together, and make a plaiſter thereof, and lay it to the ſore place, and this wil heal it.

For the biting of all kind of venemous beaſts, and other things.

Take the juice of Vervaine, and drink it, and with this many have been holpen. Alſo the black that is of the Crabs feet wel beaten into powder, do very ſwell help the ſame being drunk.

For the biting of a mad Dog.

Take a quantity of Vervan, as much of Rue, and as much of Plantane, with Treacle, and ſtamp, and ſtrain it with good wine or ſtale Ale, and give it unto the Patient. Alſo take any of thoſe herbs, and ſtamp them with Bay-ſalt, and bind it faſt to the wound, and it will draw out the venome. Dr *Wood.* and Dr *Nichols* are of this opinion,

To

To kill a Tetter or Ring-worm.

TAke Feth rfew, and ſtamp it, and ſtrain it with Vinegar, and rub the Tetter therewith, and this will kill it in ſhort time.

For a Ring-worm.

Take Juniper berries ounces, and ſtamp them, and ſeeth them in a ſufficient quantity of water, until half be conſumed; then ſtrain it and put to the ſaid water Swines greaſe clean tryed, three ounces, of Turpentine half an ounce; ſeeth all theſe over the fire again a little time, then take it off, and when it is cold, put the ſaid water away; and to the reſt put of Brimſtone finely powdered one ounce, and ſo make an ointment; this is very good.

Medicines to take away Wens.

TAke Snails, to the number of forty, and ſeeth them in a pint of running water, as you do Periwinckles, and let them reſt in the water until they be cold, and then ſcum off the fat with wool, or with a linnen cloth, and lay it to the Wen, and in ſhort time it will be whole and gone. Or take a ſtone or two of ſine Jet, and make the ſame in powder, and put it in Ale or Porrage, and give him to drink that hath a Wen, and this will aſſwage it in ſhort time.

For

For ſtinging of an Adder.

Take Garlick, Pill it, and fry it in oil-olive, or in May-butter or in any other thing without Salt (but May-butter is beſt) and lay it unto the place that is ſtung, and change it twice a day, and this will kill the Venom, and make the place whole.

For an Adder that is crept into a Mans Body.

Take green Rue, and temper it with mans urine, be it man or beaſt that hath the worm crept into him, and give it him to drink.

For him that hath Eaten or Drunken Poyſon.

Take the bark of a Walnut Tree, and put away the innermoſt Rind, and ſtamp it in a Morter as ſmall as you can, and lay it in Ale, and in the morning ſtrain it, and give the Patient to drink thereof faſting, and this will make him caſt out all the Venome in ſhort time.

To avoid poysoning with wicked meats, and to keep thee from Drunkeneſs.

Take the ſeed of Lettice and drink it faſting, with clear running water; or take Betony and dry it, and make Powder therof, and uſe this every morning faſting in a little ſtale Ale, and this will keep thee from Drunkeneſs, and ſave thee from poyſoning.

For biting or ſtinging of any venemous Beaſt.

Take one handful of Plantane, and one handful of Roſemary, and ſtamp them together; then mingle it with a little ſowr Leaven, and it with a little butter, ſweet; and when it is a little through warm, then lay it plaiſter-wiſe unto the ſore place: but firſt you muſt bath the place well with warm Vinegar. *Probatum.*

For Man or Woman that is poyſoned.

Take Rue and Worm-wood, and ſtamp it, and drink the juice therof, and eat Haſelnuts, for they be very good for the ſame: Or take Goats-milk, and mince and ſeeth them together with Treacle, and and drink it hot three daies, and be whole.

For the wind in the Stomach.

Take Cummin-ſeed Fennel ſeeds, and Anniſeeds and make them in Powder; ſeeth them in white Wine, and drink therof firſt and laſt five daies, and you ſhall find great eaſe therin.

The

Pils for wind.

Take of the beſt Aloes, Succotrina nine drams, Rubarb, Jallop, Agorick, of each ſix drams, Maſtick four drams, Red-roſe-leaves, three drams; let all theſe be made into fine powder ſeveral; then mix them well, and beat them up into a paſt with ſyrup of Damaſ-roſes: add to it Twenty drops of oil of Annerd-ſeeds.

Medicines for the Plague or Peſtilence.

Againſt the Plague.

TAke three ounces of the liquor of the inner rind of an Aſh-tree, and ſtil it with three ounces of white Wine, and give the patient to drink of it every three hours, and within four and twenty hours he ſhal be whole by the grace of God.

A Medicin ſent by the Queens Maieſty to my Lord Major of London for the Plague.

Take a handful of Sage vertue, a handful of herb grace, a handful of Elder-leaves, and a handful of red Bramble-leaves, and ſtamp them together, and ſtrain them in a cloth with a quart of white Wine, and a quantity of white Vinegar, and take a quantity of Ginger and mingle them together, and drink thereof evening and morning a ſpoonful nine days together: after the firſt ſpoonful, they ſhall be made

made safe for four and twenty days: and after the ninth spoonful, for a whole year, by the grace of God: And if it happen one to be sick of the Plague before he hath drunk of this Medicine; Then take the water of Scabias, a spoonful of Betony-water, a quantity of Treacle: put it all together and it will put out the venome: And if it fortune the Botch to appear, then take Bramble leaves Elder-leaves, and Mustard-seed, and stamp them together, and make a Plaister thereof, and lay it to the sore, and it will draw out the venome, and heal the Patient.

Another for the same.

Among the excellent and approved Medicines for the Pestilence, there is none more worthy or available: When the sore appeareth, then take a Cock-pullet, and pluck off the feathers of the tail or hinder part, till the rump be bare, then hold the bare of the said Pullet to the sore, and the Chicken will gape and labour for life, and in the end he will dye; then take another Pullet and do the like, and so another, as the Pullets do dye; for when the Poyson is drawn out, the last chicken that is offered thereto will live; the sore presently is asswaged, and the party recovereth; it is necessary to use the Medicine to drive away venome from the heart: This is proved very true.

To make Plague water.

TAke a pound of Roſemary, a pound of Salendine, a pound of Sage, and a pound of Balm, a pound of Mugwort, one pound of Rue, one pound of Wormwood, one pound of Dragon, one pound of Scabias, one pound of Pimpernell that grows among the corn, one pound of Angelica, and one pound of Betany; put all theſe herbs together in a great pot with a narrow mouth, and let them ſoak in white Wine three daies and three nights cloſly ſtopped, and then take the hearbs out and diſtill them, and keep the water in a fair glaſſe and if any be ſick of the Plague, give him the value of ten ſpoonfuls blood-warm, ſo ſoon as he doth feel himſelf ſick; and then let him walk if he be able, if not, lead him by the arms, and keep him from eating and drinking one hour after; and then let him go to bed, and if he vomit, it is the better for him; and if it be poſſible that he take it before he ſleep, he ſhall eſcape by Gods grace; and the elder the water is, the better it is: This water is good for the quartane Ague, or any diſeaſe lying in the ſtomack, taking it before the fit doth come; and this water muſt be diſtilled in the moneth of May.

Contra vim mortis non eſt Medicamen in hortis.

To make Doctor Joſephs *water.*

TAke a pinte of Water, and a ſpoonful of French Barley, half a handful of red Roſe leaves, two or three drops of the Oyl of Brimſtone, and a quarter of a pound of the fineſt refined Sugar, the Water and Barley to ſeeth together, and then the ſcum to be taken off, and ſo the other to be ſet cool, ſo with the Roſe-leaves to ſtand all night, and then to be well brewed all together; but firſt the leaves and Barley ſtrained from the Water.

For the Convulſion.

TAke one ounce of an Elke-hoof, and half an ounce of Engliſh Liquoris two, Prana ſmall roots, two or three Fennel roots as many Parſly roots, three or four roots of unſet Hyſſop, a little quantity Herbegraſſ, which is Rue, a quarte of ſmall Beer, but boyl it till it come to a pint, then ſtrain it, and ſweeten it with Syrop of Hiſſop, and give it the Party before and after the Fit.

For the moiſt Rheum in the Head

TAke conſerve of Roſes two ounces, Methridate two drams Bolearmoniak one dram, of Oblibinum one dram and an half, Maſtick half a dram, beat theſe together with Syrop of Violets into the form of an Electuary, whereof take twice going

going to bed and in the morning the quantity of a Nut meg.

Another for the ſame.

ROſemary flowers, Eldar flowers, Bitany flowers, Sage flowers, of each two good handfuls, Scurvygraſſ three handfuls, Chinaroots three ounces, an ounce of ſweet Fennel ſeeds, two ounces of Coriander-ſeeds, half a pound Fumiter, three handfulls Epithimum, Agrimony, Hart-ſtongue, of each two handfuls: Harts- horn ſhaving one ounce, of Eringo-roots four ounces, Citron-ſeeds muſked, half an ounce: let theſe be boiled in a gallon and an half of whey, and let them firſt be infuſed two days in a gallon of white Wine, then put the ingredients with the Wine, to the Whey and let them be boyled gently the ſpace of two houres and ſo next day drink thereof half a pinte in the morning, and ſo in the afternoon as long as it laſteth.

An approved Medicine for ſore Eys

TAke ſix ounces of *Lapis Calimnaris*, and heat that in a wooden fire, and blow it red hot, and then quench it in a pinte of pure white Wine in a bowl, or any other clean veſſel nine times; and then ſtrain it out by it ſelf through a fine linnen cloth: and then take a handful of Houſleek unwathed, and ſtamp it in a clean Mortar, and ſtrain it through a fine cloth: then

put the quench'd Wine and that both together, and ſtrain them again through a fine cloth; and then take a feather and drop it in your Eyes three or four drops at a time every morning and evening, and by the grace of God you will find help in a very ſhort time. *Probatum eſt.*

Miſtris Fryers *medicine for ſore Eyes.*

TAke a pint of white Wine, two drams of Camphire cut as ſmall as may be, halfe an ounce Omphacum, that is, pure oil of greene grapes, or for want of that, your pureſt Sallet oyle; put the Camphire and the Oyle into a Baſin, let them ſtand covered two houres, then put in your white Wine to them, then take the ſtones called *Lapides Balumanaris*, and heat three of them fire hot; then put them ſo hot into the Wine, covering your Baſin very cloſe; while they are cooling in the water, heat three more fire hot, take the other out, and put in the hot ones, and ſo heat them by courſe five or ſix times, till the Wine is very hot, and the Camphire well diſſolved; then take the cleareſt of it, and the top, (when it is cold) and reſerve it in glaſſes for your uſe: put two or three drops into the ſore eye three times a day.

A medicine for Children that have the Wormes, approved by Miſtris Iſabel Dee *in Moſcoe.*

TAke Wormſeed and boyl it in Beer, and then ſweeten it with clarified Honey, and let them drink of it every morning faſting.

For a pain in the ſtomack by a Cold.

TAke twe or three Turnips, and wrap them in brown paper wetted; and put them in Ember-aſhes for two houres as ready for to eat and then ſqueeze the juice out of them betwixt, two Trenchers, and then mix it with Loaf-ſugar, with Cinamon and Nutmeg powdered and made like a Syrrup; and then drink four ounce of it at night when you go to bed.

Probatum eſt.

For one that is Burſten, or a child that hath been Burſten ſix years.

TAke Oyle of *Nip* or Nep, and anoint the party therewith, and morning and evening take of the herbs, and bind one boil'd in butter, or dip Wool in the aforeſaid Oyl: this uſe ſix weeks until you be whole: This is proved.

For to keep a child from having Convulſion Fits.

TAke Oyl of ſweet Almonds new drawn, beat ten up with white Sugar-candy, and give

the Child ſo ſoon as it is born, as much as a good big Pea or Nut: This is Proved.

For a Child ſtill born, that was not long dead in the womb; or if there be any life in it, though not in appearnce.

TAke of the blood of the String and ſqueez out a drop (as you cut the Navel ſtring) into a ſpoon, and give it the Child in a little fair water, and if life be in it, it recoveers in an hour or leſs: Proved.

For to bring them down on a woman in child-bed, though never ſo weak.

TAke half a Doſin of Piana- ſeeds, and beat them a little till the black hull come off, and then beat this ſmall, and give her in a ſpoonful of Cardus poſſet- drink, ſweeten it with a little Sugar, then give her a good draught of the Poſſet to drink, as hot as ſhe can; and let her lie cloſe, and it will cauſe her to ſweat, and it will be a meanes to bring them, and to drive an Ague away, if ſhe take it but three times every two hours: Proved.

To make a Cordial to give one in a burning Fever or Ague, in the time of their burning, when it is at the height.

TAke ſome groſs Mace- oyl, a quarter of a Pinte, and ſweeten it with an ounce or two

low penny worth of the syrop of Clove- gilli flowers, and give it him to drink; and you may make another on this wise: Take the juyce of an Oringe, and as much red Rosewater, and sweeten it with white Sugar- candy; it will refresh the spirits, and cool and allay their drought;

Probatum est.

To make a Glister for one that is troubled with a sharp humor that causeth blood to proceed instead of Ordure,

TAke a pinte and an halfe of Milk, and boyl it into a pinte, with a handful of red Rose-leaves, and sweeten it with powdered Sugar, and give it him, and let him keep it as long as he can: *Probatum.*

For an Itch that is vehement.

TAke of your Soap and Brimstone a like quantity, and as much English Honey, and boy these together till it be like an oyntment, and then anoynt your wrist with it, warm by the fire, and lap clouts about them warm, and anoint under your Arm-holes, and under your Hams, and in the bent of your Armes; and do not shift you in a moneth, nor pull off your clouts from off your wrist all the while, and you shall be whole without any purge, though your hands were all scabby: *Probatum.*

For a Conſumption.

TAke as much flower of Brimſtone as you can take upon a ſixpence, and put three drops of blood-warm milk into a ſpoon, and mix it by degrees, and till it be like batter; and your ſpoon being full, put to it good ſtore of ſugar, then drink the reſt of the pint of milk blood-warm alſo, ſweetned with ſugar well; this you may uſe as long as you pleaſe, and at any time in the year; for them that find a wheaſing and ſhortneſſe of breath, it is very good; you muſt faſt an hour after it: Prov d.

A medicine to ripen any Boyl, or Sore, or a Puſh.

TAke a ſpoonful of Moliſh-honey clarified, Wheat-flower a ſpoonful, a yolk of an Egg, mix theſe all together, and apply it warm (as blood) morning and evening as thick as your finger, till it break apply it. It is very good to ripen a Plague-ſore.

For the Spleen,

LEt the party purge twice a week, with a dram or the weight of ſixpence of *Pulvis Sanctus*, and the next week cauſe the Leeches to be applied to the Emeroid veins in the fundament; afterward uſe this drink following for the ſpace of ſeven or eight dsies.

Take

Take the inward bark of an Aſh-tree, two ounces of Polypody-root, or Fern that groweth on the ſides of watry ditches one ounce, Tamartock two good handfuls, Licoriſh half an ounce, Anniſeed an ounce: Let theſe be boiled in three quarts of ſmall beer, till it come to two quarts; whereof let the party drink every morning, and at night going to bed-ward a quarter of a pint very warm.

And for Diet.

LEt them generally forbear Fiſh, baked meats, ſmoaked meats, and new beer, uſe to eat good ſtore of Broom-buds, Capers for Sallets; and after this courſe, you ſhall cauſe the Leeches to be applied to the Emeroid veins in the Fundament.

An excellent medicine for a Scald or Burn, and chiefly for the Emeroids.

TAke a pint or a quart of Linſeed Oyl, and put into it as many Craſiſh alive as it will hold, then boyl them a quarter of an hour, then ſtrain the oyl from them, and let them be very well beaten in their ſhells in a Mortar, then put them into the oyl again, and let them boyl as formerly, then ſtrain them from the oyl as you can, then fill your oyl as full of tops of Elder, or young buds of Eldar, or the young freſh leaves, and let it boil in them till they be criſped like fryed

fry'd Parſly; then ſtrain it very hard from the Eldar, and reſerve it for an excellent Medicine.

For a Felon or a whitlow.

FIrſt take a quarter of a pint of Milk, and as much Leaven as an Egg, and let it boyl till it cometh to be as thick as a Poulteſs, then take a penny-worth of oyl of Roſes, and mix with it, (and which is a bove half a ſpoonful,) and ſo apply it to the greived place as hot as you can; twice a day lay it to as you do a Poulteſs: This is Proved.

For a whitlow.

TAke a Snail out of his ſhell, and chop it very ſmall, and binde it to it; and dreſs it twice in a day, and it will quickly heal it.

For a cut of a finger or hand.

TAke ſome green Hyſop and ſtamp it well in a Mortar, with ſome Sugar, and ſo bind it on the hand.

For a Tettar or Ring-worm.

TAke ordinary white Coperas, fouer ounces pow'dered fine, and put to it a pinte of ſharp white Wine Vinegar and ſhake them well together, till the Coperas, be well diſſolved; ſo werring linnen cloths in it, and apply it to the place grieved.

For

For the Sciatica, an approved Medicine.

TAke red ſeeded Nettles, and whip the grieved Party ſo far as his pain goeth, till it be all over bubled, and ſo let him ly to ſleep, and the next day he ſhall be whole by the help of God, though he were ſo bad he could not ſtir off the bed in five or ſix weeks; you muſt laſh them gently, not too hard; and if it ſhould come again, uſe it again; and be whole alwaies after.

For an extraordinary flux of Rheumin the eyes, that hath been.

TAke ſtone-pitch and ſpred it upon Leather as broad as the palm of your hand, and as round, and prick it full of holes with a point of a knife, and lay it to the nape of your neck, juſt upon the bone that ſticketh out moſt, and as long as it will ly on, let it; but in two or three dayes it helpeth ſome: You may let it ly on as long as you pleaſe, a quarter of a year, and if it falleth off before your eyes be well, you may wipe off the moyſture of it, and apply others as you ſhall ſee occaſion: *Probatum*

To cure a Cataract.

A Cattack is curable by making an iſſue in the Nape of the Neck.

This is the manner how you ſhall diſcern a Cataract it will ſeem to be like many motes or little

little Flies between them and the light, and in the beginning, beginneth to take away the true sight of the Eye, and then groweth into a film, which is counted incurable when it covereth the whole sight or ball of the Eye, though at first it is curable, although there is nothing to be seen on the outside of the Eye, as a purl, or such like; so that it is not to be helped being within the Eye (though many Books write of it) without the handy operation of some skilful Chyrurgion, putting some silver needle into one corner of the Eye, and twisting the film about the needle, coucheth it under the sight of the Eye, where it will afterward waste; but it requires an Artist that is well skilled in the couching of a Cataract.

For a Consumption.

TAke the heart and lungs of a calf new killed, and a capon; let these be bruised in a stone mortar, and boiled with an hundred Snailes, till the broth be as thick as pottage; then put to it Harts-tongue, Maiden-hair, Hysope, Scabius; Sage, of each an handful, with two ounces of China roots sliced and beaten, of the juyce of Colts-foot roots ten ounces, the blood of a pig newly killed, and Conserve of red Roses one pound: these being well mixed, let them be distilled *in balneo* with a very gentle fire, and reserve it.

Another

Another.

TAke a young cock, pull him alive, and slit him in the Middle, then wipe him with a clean cloth, and take sops of white bread soaked in a quart of Borage water, put the sops in a common Still, and lay the cock with his bones broken upon the sopping, putting thereto Raisins of the Sun stoned and unwashed, with a quantity of Dates: This being distilled, take thereof constantly a pretty quantity.

A Julip of D. Trench, *for the Mother-fits*, Proved.

IN the time of year distill black Cherry water, Piony-flower water, Cowslip water, Rue or Herbgrace water, then take of the waters of Cowslip and black Cherry of each an ounce, *Aqua Nitterica* half an ounce, Cinamon water one dram, Syrup of Clove gilliflowers three drams; take of these two spoonfulls at a time as often as you please. *Nitterica* is Castor.

To make the Salt of Corall.

TAke of the broken pieces of the reddest Corall that you can get at the Druggists, half a pound or as much as you please; then put upon it of good wine Vinegar distilled a gallon, and presently you shall see it work up and down upon the Corall; then set it in a great glasse on the

top

top of a warm ſtove, and let it ſtand there or four dayes, then if you taſt of the Vinegar, although it were ſharp before, it will have no ſtrength, but taſte ſweetiſh, which is a ſign it hath taken into the Vinegar as much as it can; then you may pour it off from the Coral, and put on more Vinegar, and do as before, till all your Coral be diſſolved; then put all your Vinegar together, and put it into a large flat Pan well glazed, and lay into the Vinegar in the pan, and 2. or 3 white liſts half a yard long, and let one half of them lie in the Vinegar in the pan, and the other half hang out, and you ſhall ſee thoſe liſts (which muſt firſt be very clean waſhed before you lay them into the Vinegar by drops draw out all the Vinegar in the pan, which you muſt receive with ſetting another large pan or pot under the ends of the Liſt that hang out of the pan that they lye in: And when you have ſo filtred your foreſaid Vinegar very clear from the droſs of the Coral, which you ſhall ſee remain at the bottom of the firſt pan you put your Vinegear into, then you muſt ſet your clear Vinegar into the Oven, being a little hotter then when houſhold bread is drawn; but it muſt be put into a large clean tinne Baſon, or ſilver, for it will pierce through any earthen veſſel, and ſo it muſt be breathed away gently, till all the Vinegar be gone, and leave the ſalt of Coral in the bottom, being very gently dryed: Then

muſt

must you have in a readineſs a pottle or two of plain diſtilled water, and upon your formerly dryed ſalt of Coral, if there be a quarter of a pound, put a quart of diſtilled water, and ſet it in warmth till it be melted, like ſugar in it; then lay in your clean waſhed liſts of cloth into it, being put into a flat Pan as formerly, and let it run through thoſe liſts by drops, to purifie the ſalt, and when all the water is come from the droſſ, which will remain in the Pan the liſts were put into, then put your clear water into the Oven' and let it breath away gentily till it leave the ſalt of Coral dry, and then diſſolve it in diſtilled water again, and proceed with it as before, and then it will be pure and prepared for your uſe; whoſe vertues are many, and ſome approved by practiſe as followeth:

The vertues of the ſalt of Coral.

IT is to be given to children of any age in Fevers, the weight of twenty grains, and gently coverd to move ſweat. Alſo to women in child-bed that are in any Fever; the weight of thirty grains: Alſo in apparition of any ſmall Pox, or the Meaſels, it is never taken without good ſucceſſ It ſtrengtheneth the Liver, and helpeth it to make good blood, being taken twice in a week in a little Poſſet-ale, and continued ſo for the ſpace of a moneth. Alſo it helpeth children of Convulſions.

For Convulsion fits.

TAke white Coperas and dissolve it in a little warm distilled water, and then with clean lists laid in it filter it from the drosse, and gently vapour away the water till it be dry; then dissolve it again, filter it, and lay it again in an oven as before, and it is prepared: Hereof you may give unto a sucking child three grains in a spoonful of posset-drink once or twice, and it seldome or never faileth, but cureth.

An excellent vomit.

TAke of the leaves of Assara-bacca, being gathered in the beginning of June, and run a thred through the leaves, and let them hang thereon (till they be dry) in the shade, so that you may powder them to fine powder in a mortar; then searse them, and keep the powder in a glass close stopped; hereof you may give a man or woman ten grains, and temper it well with conserve of Barberries, or any other conserve; and after it doth work, let them drink still between times a good draught of posset drink.

For the Tooth-ach.

TAke the green Bark of the Elder-tree, after you have scraped off the upper gray Bark, being gathered in the Spring; let it be gently dryed in the shade, so as it may be powdered, whereof take a quarter of an ounce; Bay-salt well dryed, Pelli-

tory

tory of Spain, and Euphorbium of each the weight of six pence, let all of them be beaten together into very fine Powder, and thereof tie up so much in a little thin Lawn, Tiffiny, or Sarcenet, as will make the quantity of an ordinary Button; which you muſt let the Party hold between his teeth, laying it on the pained tooth, and ſo hanging down the head, let the Rheum run out of the mouth till the pain ceaſe. With this only Medicine Maſter *Clark* in Sheer lane got forty pound in a year, having many coming to him in the mornings, and paying ten groats each of them, and ſo departing holpen. Or take the Powder of Spaniſh Flies, and lay them on a piece of ſowre Leaven, well moyſtened with ſharp Vinegar, and preſſe them well into the Leven, (being the bigneſſe of a ſhilling) and ſo lay them under each ear, and when they are faſt bound, let them lie ſtill, the ſpace of ſix or eight houres, in which time it muſt raiſe a Blifter, which when you take it off, you muſt dip and let it run as long as you can, laying on it a Colewort-leaf, until it be whole; and this will alſo help.

For the Mother.

TAke Sneezing-powder, the weight of ſix pence, Caſtorium, the weight of two pence; mingle them together, then moyſten the powder well with oyl of Amber, and taking a

little on the end of ones little finger, ſtroak it into the noſe when the Party hath her fit, and it will cauſe her to ſneez, and ceaſe the Fit.

Alſo for preventing the Fit.

THe Party ſhould uſe twice in a week at her going to bed, to take two good Pils of Aſſa-fetida: Or elſe, Take of the Briony-root dry the weight of ſixpence, and boyl it in a pinte of white Wine; and then ſtrain it, and put ſome ſugar to it, and make three draughts of it, taking it three times in a week, each other morning, and you ſhall find it a ſingular Remedy.

For the Spleen.

LEt the party purg twice in a week with a Dram or the weight of ſix pence of *Pulvis ſanctus*, and the next week let them cauſe the Leeches to be applied to the Hemeroid-veins in the Fundament, and afterward uſe this drink following for the ſpace of ſeven or eight dayes.

Take the Inner Bark of the Aſh-tree, two ounces; the Polipody-root, or Fern-root, that groweth on the ſides of watery ditches, one ounce; Tamerick two good handfuls; Liquoras half an ounce; Anniſeeds, one ounce: Let theſe be boyled in three quarts of ſmall Beer, till it come to a pottle, whereof let the Party drink morning and at night going to bed a quarter of a pint very warm;

And for Diet, let them generally forbear Fish, Baked-meats, Smoaked-dryed-meats, and new Beer; use to eat good store of Capers, and Broom-buds for Sallets.

And after this course, you should cause the Leeches to be applied to the Veins in the Fundament, called the Hemeroid-veins.

For a Tertian Fever.

TAke young Plantane, with the root; young Vervane, with the root, Cinquefoyl, with the root; of each of them three roots; with the herb of red Fennel, red Sage, Rosemary, of each three slips: Let these be boyled in a pinte and a half of posset-ale, or Whey, till that come to a pinte; and in the latter end of the boyling, put into that a dram of the salt of Wormwood, and then let that be strained.

Whereof the patient must take three good draughts three houres before the fit be expected, each hour a draught as hot as he can drink it, and at the second day of taking that, the cure is done. This cureth the Fever that cometh every other day.

To dry up milk in the breasts

USe nothing but the plaister of Diachilon, spread upon thin leather, and let it ly on three or four dayes and it faileth not,

For ſore Nipples.

TAke of the the Roſin of the Fitre-tree, and when that is finely powdered, ſtrew that upon the ſore Nipples, and then cover them with little cups fitted hollow for to cover the Nipples like a thimble with a little brim unto it, and it will skin it. This powder alſo being finely beaten, and with a quill blown into the eye, will take away the pin and web, or any excreſcency on the ſurface of the eye.

For one that is coſtive in Child-bed.

THere is nothing ſafer nor better, then to give the party two ounces of the oyl of ſweet Almonds Or if the party cannot take that, you may give her a ſuppoſitor of Caſtil ſope, which is allway to be had; for the manner of the cutting the ſope, you may do that by the holding a Cytern-wyer faſt at both ends, and then ſawing it through it, without breaking out of the ſides, as it will do if you cut with a knife,

For to cleanſe and ſtay the Whites.

TAke of the pureſt Roſin, or gum of *Lignum vitæ*, otherwiſe called the gum of *Guiacum*; rub it gently in a Morter, ſo as it may be in a fine powder, and thereof mingle as much as the weight of ſix pence in a draught of Milk, and

and Sugar; taking that cold, and ſo uſe that twice in a week for two weeks together, and that will give two or three ſtools, cleanſe and knit the weakneſſe of the back perfectly.

To ſtay the bleeding of the Noſe.

TAke Nettles, ſtamp them, and juyce them, which you may take cold a good ſpoonful or two, holding that in your mouth as long as you can, and then take ſome more freſh, and alſo ſtamp them, and lay them all over your forehead, being a little moiſtened or ſprinkled with vineger.

Alſo thus:

YOu ſhould in the moneth of *March* take two or three cloths as big as handkerchiefs, and wet them very well in the ſpawn of frogges, and hang them up to dry in a ſtove, and then dip them very well again, and dry them, and do ſo three or four times, and when at laſt they be well dryed, reſerve them. And when you have occaſion to uſe them, you may tear off a piece, and ſprinkle it with a little vineger, and lay it on cold upon the forehead, and if that do not ſtay it, the party muſt preſently be let blood before he grow too weak.

For a Cough.

TAke Turnips, and put them into an earthen glazed pot, and cover it with a cover of

the ſame, or a Peuter-diſh, and paſte that cloſe together, then ſet them into the Bakers Oven with the houſhold bread, and then they will be well ſtewed; And then preſſe out the juyce, and make it into a ſyrrup with ſugar, and take of it often in a day, a ſpoonful at once, letting it melt down your throat by degrees, and that will recover you from your cough.

For the wormes in Children.

TAke gum Tragagant a dram, put to it a quarter of a pinte of Roſe-woter, let it ſtand twenty four hours, ſtirring of it often, and with this muſcilage moiſten ſome fine powdered ſugar, working them together into a paſte, of which paſte, take the quantity of twenty grains, and mix it with nine or ten grains of the powder of *Mercurius dulcis*, and make that into a little cake, and let it dry in a ſtove, and give it to children of five, ſix, or ſeven, and to elder you may give twelve grains.

The compoſition of the Emplaſtrum Ditchilon, to dry up milk in the breaſts.

TAke Linſeed-oyl two pintes and an half, Litharge of Lead in fine powder, two pound, mix the oyl and the Litharge together, and let them boil till they be knit and come to a reaſonable ſtifneſs, then put in twelve ounces of the muſcilage made with Marſhmallow-roots, Fen-

negreek

negreek-ſeed, and Linſeed; then boyl it till all the muſcilages moyſture be boiled away, then put in half a pound of wax, roſin one pound, melt them with the reſt; which being done, put into the ſame in the cooling ceruſe one pound, ſtirre them up together, and then make them up into roules and reſerve them.

When you put in your muſcilage, put it in a ſpoonful at once, till you have put it all in, leaſt it make the medicine run over.

For any red inflammation, or that which is called Saint Anthonies, *which uſually doth come in the Legs, and ſometimes in other places.*

TAke one ounce of the *Lapis Medicamentoſus*, and boyl it in a quart of fair water, till half a pint be waſted, and then let it ſtand together all night, next morning you ſhould dip a linnen cloth in it warm, and lay it on the place till it be dry, and then lay on another, and you ſhall keep wet clothes to it till it be well, which uſually is two or three dayes.

Medicines of an approved Chymical Phyſitian.

An artificial Balſamum *for new Wounds, old Aches Strains, Bruiſes, Gouts, &c.*

TAke of your Garden herbs of good and ſtrong ſmell, namely Sage red and

green, Wormwood, Rue or grasse, pennyrial, Marjoram, Hyssop, Neep, Motherwort, Tansey, Time, Savoury; as also Rosemary and Bayleaves, Abrotanum, Clare, Balm Mints, &c. As also of those hot herbs of the field, as Mugwort, Calamentum, white Horehound, Origanum, Melilot, Serpillum, Camomil, Germander, Nettleseed, Fennel-seeds and leaves, &c. Item, of the vulnerary or healing herbs as the season of the year will afford, as your Panacea or Clownesworte, Camphory of all sorts, Bugula, Prunella; St. Johns Wort, golden Rode, Perwincle, Sanicle, long Plantane, &c: Take of as many sortes as you can have, of each a like quantity, and put all (being neatly cleansed) in half Sallet-oyl, and half Linseed-oyl, as much as conveniently you may guess to be enough to hold your herbs, adding a quarter part of good Sack to it, meaning a quart of Sack, if your Oyl be four quartes, steep all together warm a whole night, and afterward boyl it till the Sack and moysture of the herbs be consumed; then strain it and in the Oyl so strained, add two ounces of Bees-wax, clear Turpentine one ounce, black Pitch, white Pitch, Gum Elemy, Rosin, and Goose-grease, of each half an ounce, red oyl of Turpentine, or Colophony, *jonce ſt rax liquide*, Spick-oyl, Rosemary-oyl, Amber-oyl, spirit of Salt, of each a quarter of an ounce; Gum Ammoniacum first dissolved with white Wine, about also a quarter of an

ounce,

ounce, and as much of Sagapenum and Opopo-nax, Benjamin, Styrax calamities, Myrrhe and Aloes, of each a dram; and of the oyles made of the herbs aboveſaid, the more the better, within a quarter of an ounce for every pound of the former Sallet and Linſeed-oyles; obſerving to put to an account all the oyles firſt and laſt, that you may be ſure to compaſſe your wax, and gums, and pitches to the weight of all the Liquors weighed together, as well as your Sallet and Linſeed-oyl; otherwiſe your Balm ſhould be too liquid, and not healing enough: And if you put Chymical oyles of your herbs aforeſaid, ſo much the better; wax-oyl, and brick-oyl be alſo excellent in it, a dram in a pound; Sugar-loaf and Honey I have often put in it, but it will not mix among the reſt, therefore I put it in among the herbs afore the ſtraining two drams, alſo of each in the pound: How to uſe this excellent compoſition, is as followeth:

The Oyntment for Burnings and Scaldings.

TAke according to the time of the year, more or leſſe of the hearbes under-written; as Night-ſhades, *Umbilicus veneris*, Hemlock, white and black Poppey leaves, porcelane, Lattices, Sorrel of all ſortes, Henbane, green Colworts, Houſleek great and ſmall, *Lenticula-paluſtris*, Violets and Mallows leaves, wilde Tanſey, *Strammonium*, and *Mandragora* leaves if poſſible

ſible could be, to have altogether green and th
like. Item of the green inward Rine of the El
der-tree, of all a like quantity, and as much freſh
Butter as may ſerve to boyl eaſily the aforeſaid
herbs, and a little Onyon in every pound o
Butter, with as much (or a little more) of an Aſ
ſes dung, or ſo want of it, take Horſe dung
boyl altogether till your Butter be very green,
which will be the ſooner, if you bruiſe or chop
your herbs very ſmall, boyl it till you ſee the
moyſture of your herbs almoſt vapour'd, and
ſtrain it in a Napkin, adding for every pound of
the ſaid Ointment half a dram of Salt, of Lead,
or *Sacharum Saturnii*, diſſolved in a little water
and Wine-vinegar, ſtirring it with a ſtick when
your Oyntment is almoſt cold, and ſo keep it
cloſe to be uſ'd.

An excellent Remedy for ſore Eyes.

TAke Roch-allum, diſſolve it in Plantane-
water upon an eaſie fire, and when it is
cold, put the white of an Egg to it, and ſtirr it
much with three or four ſticks together, then
filtre it by the brown paper, or at the leaſt ſtrain
it ſoftly by a Napkin, and then by evaporation
in an earthen veſſel dry your Allum ſoftly, and
begin the ſame work again with Ey-bright or
ſweet Fennel-water, then when your Allum is
ſo dryed again, adde as much *Ireos* or *Oris* in
Powder, and that Powder ſo mixed when you
have

ave any occasion to use it, steep it in Rose-water; a dram of the Powder is enough for two ounces of Rose-water, &c.

The Searcloth for Cornes.

TAke Gum-Elemy, white Pitch, and black Pitch, Bees-wax, Rosin, and Turpentine, of each a like quantity; only the black Pitch may be doubled; melt all together upon a soft fire, and so make Searcloth according to Art.

The Medicine for Tooth-ach proceeding of cold causes.

TAke Angelica-roots, Spanish-Pellitory, Cloves, and Ginger, of each a like quantity; and with the Mulcilage of Gum Tragagane dissolved in Mugwort-water, adding a little starch, make your *Paste* and pastilles to hold upon the aking teeth, &c. But if the pain proceedeth from a hot cause with inflammation, then take the root of Henbane, slice it, and boyl it in Wine-vinegar, then strain it, and hold it in your mouth the said Vinegar warm, and it will put you in admiration how quickly it will cure you; the seed of the same Henbane may be used alike, but the root is better.

To make Gratia Dei.

TAke half a pound of Rosin, and boil it in a *Pan* untill the foam or scum be come off it, then

then take a quarter of a pound of unwrough Wax, and put it into the Rosin, and boyl then together as is aforesaid, then take an ounce o Sheeps-suet, and as much Turpentine, and Oyl Olive a spoonful, and put them all together into the same pan amongst the Rosin, and Wax aforesaid, and boyl them all together, untill the some begin above, and when the some beginneth to wax black; then take it off the fire, and cleanse it through a fair linnen cloth into a pan of Water, then work it with your hands, and put it out as you do Bird-lime, for the space of a quarter of an hour, and now and then wet your hands in the water when it cleaveth to the salve, and then make it into rolls.

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